

MARYLAND



2022 AWARDS BANQUET
SUNDAY, NOVEMBER 13th

Martin's West Caterers – Baltimore, Maryland

God's Blessings and Congratulations to the Maryland AAU!

Benjamin Dubose, Governor

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Congregation of the
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Church Services:

Sunday Church School - 8:30 a.m.

***Morning Worship* - 10:00 a.m.**

***Bible Study* Wednesday - 7:00 p.m.**

***Prayer and Praise Service* Friday - 12:00 p.m.**

Women's Ministry - Last Tuesday of every month at 6:30 p.m.

Men's Fellowship - Fourth Saturday of every month at 10:00 a.m.

Sr. Ministry Bible Study - Every 3rd Wednesday at 12:00 p.m.

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SPORTS FOR ALL,
FOREVER!



Welcome to the 2022 Maryland District AAU Awards Banquet Ceremony!

Thank You for joining us today as we recognize the wonderful achievements of our organization and its members!

Although this year marks our 35th Maryland District Amateur Athletic Union (AAU) Awards Banquet, it's our first banquet since the COVID-19 pandemic surfaced in 2019. Right now, we are still in a state of "recovery and readjustment," as we work to restore a sense of normalcy and balance to the world around us.

As the pandemic prayerfully winds down, we have learned to operate and think differently about how we conduct AAU events. This is also reflected in our Program & Souvenir Booklet, which is also our first publication since 2019.

We hope this issue brings everyone up to date with our awards, reviews and special recognition. Everything takes time, but we're making remarkable progress. Our MD AAU organization's future looks bright and we're up to the new challenges facing us.

For those who did participate in this year's AAU activities, I appreciate the hard work, dedication and support all of you demonstrated. Thank You! For those who didn't, please join us - we're fighting back and winning!

AAU Athlete Awardees are talented, competitively spirited and dedicated to taking their games to the next level. These athletes may have fallen, but they get back up; lose but don't accept defeat. They are here today because they refuse to fail. They inspire us. They are a tremendous source of strength, inspiration, commitment and determination, and they wholeheartedly deserve today's recognition!

Yet, we also recognize the fact that these athletes would not be successful without the help, support, guidance and encouragement of their coaches, volunteers, family and friends.

On behalf of the Maryland District AAU Board of Managers, I congratulate all of the Coaches, Volunteers and Athletes in the Maryland District who have distinguished themselves in AAU competitions during 2019 through 2022.

As I've said before, may we always remember the individual triumphs and great moments we shared this year. I hope that you all take with you fond memories, new friendships and wonderful, yet important life experiences - all from participating in AAU Sports programs.

I also sincerely hope everyone enjoys today's celebration. You've all earned it!

Ben DuBose, Maryland District Governor
www.marylandaa.org

Congratulations Maryland District AAU!

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2022 MD AAU AWARDS PROGRAM



Welcome	Gary Brooks - Chairperson, Maryland AAU District Review Committee
Introductions: MD District Officers, Sports Directors & Master of Ceremonies	Tanya Rush - Former Associate Vice President of Student Affairs at Morgan State University
Master of Ceremonies	Lamont Germany - Sports Anchor & Co-Founder, Heritage Sports Radio Network
Introduction of Head Table, Banquet Committee & Helpers.....	Lamont Germany
Invocation	Pastor Antoinette DuBose - 1st Lieutenant Governor, Maryland AAU
Banquet Housekeeping.....	Lamont Germany
Dinner & MD AAU "Year In Review"	
Introduction of Keynote Speaker.....	Benjamin DuBose - Governor, Maryland AAU
Keynote Speaker	Charles "Choo" Smith Jr. - Founder/CEO of Choo Smith Youth Empowerment, Inc.,
Presentation to Keynote Speaker	The Honorable Bernard C. "Jack" Young - Former Mayor, Baltimore City
Awards - Swimming	Pastor Antoinette DuBose - Sport Director & Bryan Saxton - CMSL Liaison
Awards - Girls Basketball.....	Joyce Venable - Sport Director
Awards - Jump Rope	James McCleary - Sport Director
John Considine Award	Maurice Ward - 2nd Lieutenant Governor, Maryland AAU
Presentation - Jump Rope.....	James McCleary and the Kangaroo Kids
Awards - Taekwondo.....	Master Glen Ames - Sport Director
Awards - Boys Basketball	Ben DuBose – Sport Director & LaKeesha Beverly - 3rd Lieutenant Governor, Maryland AAU
Presentation - Taekwondo	Master Glen Ames - Sport Director
Ben DuBose "Overcoming Adversity" Award	McCarroll Nole - Past Maryland AAU Lieutenant Governor
Volunteer of the Year Award/Maryland and National.....	Tracey Estep - Secretary, Maryland AAU
Awards - Volleyball	Gianna Savarese - Representative for Richard Comly - Sport Director
Awards - Track and Field	Mary Haynes - Sport Director
Awards - Governor's Awards	Ben DuBose - MD AAU Governor & Tracey Estep - Secretary, MD AAU
Special Awards - Master of Ceremonies	Eric Brown - Treasurer
Special Awards - Dedicated Service	Ben DuBose – Sport Director & LaKeesha Beverly - 3rd Lieutenant Governor, Maryland AAU
Melvin Parker Award	Dean Eversley - Sport Director, Men's Basketball & Camille Eversley - Banquet Committee
Drawings	Caprice Warren & Eric Brown
Closing Remarks / End	Head Table & Ben DuBose, Maryland AAU District Governor

LAMONT GERMANY

Sports Anchor, XM-Satellite Radio, Co-Founder Heritage Sports Radio Network
Master of Ceremonies

Lamont Germany is a 30 year veteran of the broadcast industry, who has enjoyed a varied and comprehensive multi-media career on the local, regional and national level. His career path has afforded an opportunity to experience the full broadcast gamut.

The Morgan State University graduate ('80), was born in Pittsburgh, PA and was bitten by the radio bug practically at birth. His father, Albert Germany (Al Gee) was a popular Dee-Jay in Pittsburgh, and later in Washington, D.C. and New York.

Germany grew up wanting to follow in his father footsteps, and got his first broadcast opportunity while a student at Morgan State University. Under the guidance of News Director Larry Dean and Program Director Kweisi Mfume, Germany interned in the newsroom at Morgan State University owned and operated WEAA-FM.

As a student reporter, he covered the gamut; politics, crime, arts, entertainment, and sports. His experience at WEAA served as the foundation for his career after graduation.

Germany's experience at WEAA led to other broadcast opportunities, including a stint at several of the highest rated stations in the Baltimore-Washington metropolitan area WPOC (FM 93) in Baltimore, MD. And WBAL-AM in Baltimore. At WBAL, Germany enjoyed a 12 year career as a news anchor and General Assignment reporter. During his WBAL tenure, he covered Baltimore City, Baltimore County and Maryland politics.

The emergence of new technologies in the industry eventually led to a strong interest in satellite radio. Germany was hired as a Sports Anchor at Sirius-XM Satellite radio in Washington, D.C. in April of 2005. At Sirius-XM, Germany was heard on a national platform. His work could be found on the various sports channels on the platform. Germany has also freelanced in Baltimore area high school sports.

He has had the opportunity to sit behind the microphone at high school football and basketball games since 1995. And in addition to his experience on the high school level, he's also had the privilege of serving as the primary Play by Play voice of Morgan State University athletics.

Germany has been the "Voice of Morgan" since for more than three decades.

In 2007, Germany and several partners realized a career dream with the formation of the Heritage Sports Radio Network (HSRN). The network is dedicated to the national broadcast of HBCU athletics. It affords Historic Black Colleges and Universities a platform for exposure that previously did not exist. HSRN programming can be heard on Sirius-XM radio and 30 radio stations across the country.

Lamont Germany currently resides in Parkville, Maryland.



CHARLES H. SMITH, JR.

Amateur Athletic Union President and CEO.

Keynote Speaker



Charles H. Smith, Jr. affectionately known as “Choo” was born to Brenda and Charles H. Smith Sr. on November 30, 1970 in West Baltimore. Choo is a graduate of the prestigious City College High School and earned his Bachelor of Science Degree in Computer Science from his beloved University of the District of Columbia (UDC).

Choo attended Bowie State University in Maryland where he progressed to be the starting Point Guard for the Bowie Bulldogs and after his first year was recruited by Mr. Will Jones, head coach of the UDC, Firebirds where he quickly earned the starting point guard position. The Firebirds went seven games over .500 for the first time in 10 years.

Choo was honored for his exceptional basketball skills and finished his college career as the school’s all-time leader in Steals and Assists. During this time Choo was voted MVP of the team, he won The Pigskin Classic Award as the “Best Player” in the region and the Reslyn W. Henry Memorial Award.

Charles “Choo” Smith graduated from the University of the District of Columbia with a Bachelor of Science Degree in Computer Science. Choo was inducted into the University of District of Columbia Athletic Hall of Fame in November 2015.

Choo played for world-renowned Original Harlem Globetrotters where he became a high-profile member of the team. As a member of the Globetrotters, he served as an Advance Ambassador.

Choo has played in all 50 States, in 26 countries and was recognized as one of the greatest dribblers in the world. Choo carries the spirit of the Harlem Globetrotters in everything he does.

Choo Smith Youth Empowerment, Inc., a non-profit organization was founded in 2007. It focuses on Choo’s “4L” philosophy: “Love it, Learn it, Live it, Lead it.” It is from this organization that the Choo Smith Summer Basketball Camp was born and became the platform for many other initiatives under Choo Smith Youth Empowerment, Inc.

Choo’s ability to reach the youth is uncanny. He has the unique ability to reach youth on all levels; racial, socioeconomic background or gender and can generate results without compromising any of his beliefs. Choo is a man of ethics and his faith in Christ is applied in every aspect of his life.

Over the years Choo has been featured on both local and national levels and in all media outlets (print, radio, and TV). Choo has appeared on all major television networks (ABC, NBC, CBS, and Univision) and appeared on Good Fellas of Baltimore, a Fox reality show, and the new ABC Reality show “Ball Boys.”

As a humanitarian, Charles “Choo” Smith has and continues to touch the lives of youth throughout Maryland and across the world.

In the Summer of 2018 Choo became the Vice President of Basketball Operations for the Young 3 organization with retired NBA legend Jerome Williams. The Young 3 is the youth and community arm of the Big 3 Professional Basketball League founded by legendary rapper Ice Cube.

Choo has received numerous awards and recognitions for his work and service in the community with children and youth.

Sports For All, Forever!

**2022 Maryland
District AAU**

**EXECUTIVE
COMMITTEE**



**Ben DuBose, Jr.,
Governor**



**Antoinette DuBose,
1st Lieutenant
Governor**



**Maurice Ward,
2nd Lieutenant
Governor**



**LaKeesha Beverly,
3rd Lieutenant
Governor**



**Eric Brown,
Treasurer**



**Tracey Estep,
Secretary**



**Beverly Vincent,
Registrar**



2022 MD AAU Sports Directors

MARY HAYNES



ATHLETICS

RAY ALBAUGH



BASEBALL

BEN DUBOSE



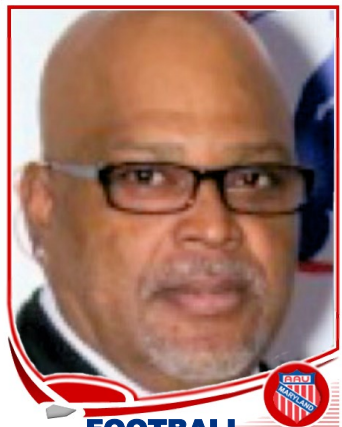
BOYS BASKETBALL

JOYCE VENABLE



GIRLS BASKETBALL

KEVIN ESTEP



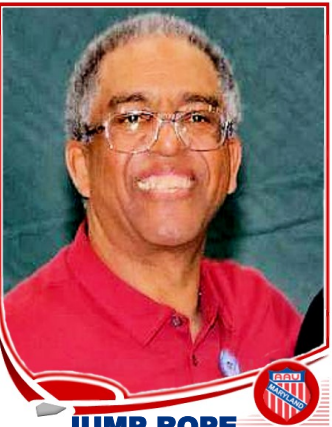
FOOTBALL

MAURICE WARD



GOLF

JIM MCCLEARY



JUMP ROPE

THURMAN BELL



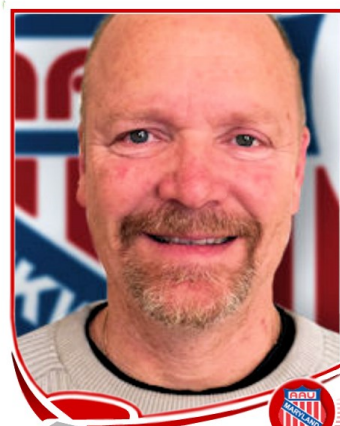
SOCCER

ANTOINETTE DUBOSE



SWIMMING

MASTER GLEN AMES



TAEKWONDO

RICHARD COMLY



VOLLEYBALL

JASON GABRIELSON



WRESTLING



2022 Maryland AAU Awards

MD/AAU OUTSTANDING ATHLETE AWARD

The MD/AAU Outstanding Athlete Award is presented to the athlete who excelled in performance in their respective sport, used their talents to best of their abilities and was motivated to excellence in athletic endeavors.

MD/AAU COACHES AWARD

The MD/AAU Coach Award is presented to coaches that through their major commitment of time, patience, and instruction make it possible for the many MD/AAU athletes to train and successfully compete. And through their understanding ways and their knowledge of the game embrace inspiration, motivation, and dedication as the building blocks that athletes need for success in sports and life. Each Sports Director recommends their choice (from their sport) to the Banquet Chairperson.

MD/AAU "VOLUNTEER SPIRIT" AWARDS

The MD/AAU "Volunteer Spirit" Awards are presented to individuals who embrace the true meaning of "giving their time and energy to benefit others," and do so in the "spirit" of what all of AAU really stands for: a commitment and dedication to America's children to grow as individuals and become tomorrow's leaders. These volunteers, who give of themselves, can always be counted on to be there, and always bring the team spirit with them. Each Sports Director makes these recommendations (from the sport) to the Banquet Chairperson.

JOHN G. CONSIDINE – "SPORTS DIRECTOR MEMBERSHIP AWARD"

This award honors the late John Considine and is awarded to the Maryland AAU Sports Director that shows the largest percentage increase in new registrations (athletes and clubs) over the year and the most registered participants. This award promotes both his legacy and passion for involving more and more athletes and volunteers in the fun and spirit of the AAU. The Governor and Registrar finalize selection.

WILLIAM "BILL" STEVENS – "CLUB EXECUTIVE OF THE YEAR AWARD"

This award pays tribute to the sports/club Volunteer, who takes pride in the finer details of AAU paperwork and documentation in ensuring that their club is administratively signed, sealed and delivered for competition (local, state or national). Each Sports Director makes these recommendations (from their sport) to the Banquet Chairperson.

RALPH L. DURANT MEMORIAL AWARD

This award was established to give tribute to the outstanding architecting that Ralph Durant did with the Track and Field program of Baltimore City and the mentoring of youth and young adults in the program. Ralph Durant's name is synonymous with youth track and field excellence. Athletes are selected for their successes during the year's competitions in addition to their prowess at the National Junior Olympics and submitted to the Banquet Chairperson.

GOVERNOR'S AWARD

This award pays tribute to individuals who have demonstrated extraordinary leadership along with demonstrating professionalism and promoting the AAU. Each Sports Director makes recommendation (from their sport) to the Governor.

*** MELVIN "MEL" PARKER MEMORIAL AWARD ***

This award pays tribute to Melvin Parker, who served as the President of the Maryland District for 10 years and Boys Basketball Chairman for 10 years. The Award is given annually to the top male and female athletes who achieve a high standard of performance in AAU sanctioned district, regional, or national competition. The award will be presented to two individuals under the age of 18, in recognition of their commitment and achievement in their chosen sport. Each Sports Director submits an application for the recommendation.

OVERCOMING ADVERSITY AWARD

This award is presented to a member of the community who has demonstrated integrity, courage, and determination in overcoming adversity after which he/she has made a unique contribution to their community. The award focuses on victims who overcome of severe life circumstances, life threatening organic diseases or impairing physical injuries. During the battle to overcome, award recipient's contribution to society must be exemplified by hard work and unselfish service. The award bears the name of Benjamin F. DuBose, who courageously battled cancer. Application Package must include a completed Application and Essay.

TEAMWORK MAKES THE DREAM WORK!



AAU FOOTBALL provides student athletes the opportunity to showcase their talents, on and off the field! We are excited to be part of the growth of AAU Football and our National Football Committee is committed to providing leadership to all leagues and athletes.

BEST WISHES and CONGRATULATIONS to all of the Student Athletes, Coaches and Volunteers celebrating at the 2022 Maryland District Awards Banquet!

TRACEY & HERB ESTEP

CONGRATULATIONS 2022 MD AAU AWARD WINNERS!



Need MD AAU Sports Information?

VISIT OUR WEBSITE!

Your Source For News & Updates

www.marylandaau.org



2022 OUTSTANDING ATHLETES, COACHES & VOLUNTEERS

Track/Field

Athlete Awards - Female

Sydney Harris
Aida Joseph
Eden Madison
Lilah Flores
Sophia Rankin
Sage Hinton
Elise Pridgen
Kassidy Hopkins
Lauren Virmani
Jasmine Cook
Jasmine Sharps
Bryce Hatcher
Gabrielle Millwood

Coaches Awards - Female

Olivia Hunter
Pamela Crockett
Rohan Phipps
Laura Heilman

Athlete Awards - Male

Jason Holmes-Williamson
Nyckoles Harbor II
Trevor White, Jr.
Cardell Beck
Terrence Dorsey
Patricio Pardo
Darius Dunlap-Elkins
Marc Batista
Thomas Smith IV
Clayton Gary
Zachary Pratt
Yeshua McKinley
Terrance Dorsey
Christopher Quick
Malcolm Brown

Coaches Awards - Male

Jayelemn Arrieta
Raynard Bennett
Raymond Queen III
Bruce Hunter

Volunteer Awards

Erin Lavelle
John Steiner
Phil Lang
William Gerhold
Garfield Thompson

Ralph Durant Award

Female Name: Elise Pridgeon
Male Name: Raymond Queen IV

Boys Basketball

Athlete Awards

Cecil Kirk
Zachary Britton
Anderson Michael King
Mason Wilson
Trent Johnson
Liam Hooper
Bailey Ushry
Corey Bryant
Carter King
Maddison Wilson
Blake Anderson
Denim Henderson
Ethan Hercenberg
Coach Awards
Michael King
George Carter, IV

Derrel Sabb

Venchenzo Ushry

Jump Rope

Athlete Awards

Reagan Smith - Hoppin Hawks
Sarah Cole - Hoppin Hawks
Eliza Kim - Kangaroo Kids
Nikhil Antes - Kangaroo Kids
Kacie Costello - Kangaroo Kids
Sam Scott - Kangaroo Kids
Isla Gleeson - Kangaroo Kids
Mason Meek - Kangaroo Kids
Kaitlyn Wisniewski - Kangaroo Kids
John Moses - Kangaroo Kids
Jenna Meek - Kangaroo Kids
Foster Sariscak - Kangaroo Kids

Volunteer Awards

Kristy Smith - Hoppin Hawks

Girl's Basketball

Athlete Awards

The Maryland Belles

Calia Carter
Jada Russell
Kadence Adero
Layla Anderson
Milan Clark
Naomi Koldobski
Olivia Cooper
Audrey Skinner
Lalia Robinson
Ifeoma Umeh

... Girl's Basketball - Coaches Awards Cont...

John Luckey
Michael Koldobskiy

Taekwondo

Athlete Awards

Katharine Cadwalader
Jacob Brown
Lucas Beach

Volleyball

Athlete Awards

St. Mary's County Juniors VBC

Camille Munley - 12U
Kendall Wathen - 14U
Sydney Boyd - 15U
Morgan Johnson - 16U
Katie O'Toole - 17U
Macey Bowles - 14U

Lady Ace Volleyball Academy

Arianna Duru
Jaden Rucker
Emma Beales
Isabella Shanley
Abbi Shorter
Sabine Isheja-Keia

Dynamic Volleyball Academy

Jenna Jones
Paityn Kehoe
Emily Freeman
Avery Smith
Sarah Tyler

Maryland Exclusive Volleyball Club

Audrey Strosnider
Kylie Kirk
Serena Wang

Coaches Awards

Irelynn Dunn
- Lady Ace Volleyball Academy
Sophia Sokolovich
- Dynamic Volleyball Academy

Swimming - CMSL

Athlete Awards

Allana Weikel
- Five Oaks Barracudas - 2021
Jack Liam McGuinn
- Five Oaks Barracudas - 2021
Amelia Decker
- Hunting Hills Hammerheads - 2021
Serge Witenstein
- Hunting Hills Hammerheads - 2021
Elise Uhlig
- Nottingham Marlin's - 2021
Quin Regnier
- Nottingham Marlin's - 2021

Kyle Bitz
- Padonia Pooh Bears - 2021
Lucinda Powell
- Padonia Pooh Bears - 2021
Alexandra Cucchiaro
- Taylor Village Tigerfish - 2021
Anita Gomes
- Taylor Village Tigerfish - 2021
Luke Mitchell
- Taylor Village Tigerfish - 2021
Joshua Cochran
- Waugh Chapel Seadogs - 2021
Sara Nash
- Waugh Chapel Seadogs - 2021
Junie Ro
- Waverly Woods Watercats - 2021
William Casper
- Waverly Woods Watercats - 2021
Conor Moran
- Westminster Stingrays - 2021
Mia Craig
- Westminster Stingrays - 2021
EJ Smith
- Crofton Country Club Crocodiles - 2022
Sloane Michalski
- Crofton Country Club Crocodiles - 2022
Anna Ritterhoff
- Dulaney Dolphins - 2022
Owen Zinn
- Dulaney Dolphins - 2022
Cooper Snedeker
- Five Oaks Barracudas - 2022
Hannah Cook
- Five Oaks Barracudas - 2022
Mollie McGonigal
- Freedom Dolphins - 2022
Abigail (Abby) Knorr
- Glen Burnie Park Dolphins - 2022
Phillip Bradford
- Glen Burnie Park Dolphins - 2022
Rhys Jordan
- Hunting Hills Hammerheads - 2022
Sadie Leese
- Hunting Hills Hammerheads - 2022
Aidan Spencer
- Nottingham Marlin's - 2022
Rita Sur
- Nottingham Marlin's - 2022
Harry Belbot
- Padonia Pooh Bears - 2022
Krysta Blaha
- Padonia Pooh Bears - 2022
Eric VanHorn
- Piney Orchard Piranhas - 2022
Jack Rivas
- Piney Orchard Piranhas - 2022
Victoria Wright
- Piney Orchard Piranhas - 2022
Braeden Spinnato
- Rollingwood Seals - 2022
Chloe Lehane
- Rollingwood Seals - 2022
Sean Monahan
- Shipleys Choice Dolphins - 2022
Tess Donegan
- Shipleys Choice Dolphins - 2022
Allie Lyons
- South Carroll Serpents - 2022
Stanley Mesceda
- South Carroll Serpents - 2022

Samantha Elliott
- Springdale Stars - 2022
Pierre Barakat
- Taylor Village Tigerfish - 2022
Sophie Mitchell
- Taylor Village Tigerfish - 2022
Colleen Pumphrey
- Watermont Bullfrogs - 2022
Nico Drummond
- Watermont Bullfrogs - 2022
Connor Ray-Dulany
- Waugh Chapel Seadogs - 2022
Gabrielle Delgrosso
- Waugh Chapel Seadogs - 2022
Ethan Keiner
- Waverly Woods Watercats - 2022
Kylie Kahwajy
- Waverly Woods Watercats - 2022
Audrey Bower
- West Howard Wahoos - 2022
Bailey Allmon
- West Howard Wahoos - 2022
A.J. Sebian
- Westminster Stingrays - 2022
Gianna Sacks
- Westminster Stingrays - 2022
Austin Bowman
- Wynnewood Warriors - 2022
Kaitlyn Bowman
- Wynnewood Warriors - 2022

Coaches Awards

Andy Sur
Marie Bowman
Tia Schultz
Jonathan Illuzzi
Lynn Gibbons
Brendan Farrar
Matthew Lessler





2019 - 2022 Special AAU Awards

2022 SPECIAL AWARDS

JOHN G. CONSIDINE – “SPORT DIRECTOR MEMBERSHIP AWARD”

- Most Registered Participants” – **Swimming**
- Largest % Increase in New Registrations” – **Track & Field**

WILLIAM “BILL” STEVENS – “CLUB EXECUTIVE OF THE YEAR AWARD”

Tangi Watson – Girls’ Basketball
Pamela Muhammad – Track & Field

RALPH L. DURANT MEMORIAL AWARD

Elise Pridgeon – Track & Field
Raymond Queen IV – Track & Field

GOVERNOR’S AWARD

Alicia Colley – Taekwondo
Richard Comly – Volleyball
Vivian Lomax – Boys’ Basketball
Eric Allen – Track & Field
Antoinette Allen – Track & Field
Henry McCallum – Track & Field
Shannon Cucchiaro - Swimming
Alexandra Cucchiaro – Swimming
William Wells – Boys’ Basketball
Dwight Warren – Boys’ Basketball
Nathaniel Brown – Boys’ Basketball
Ronald Taylor – Track & Field

NATIONAL GOLD PIN AWARD – 35 YEARS SERVICE

Benjamin F. DuBose, Jr.
Mary K. Haynes
Joyce Venable

NATIONAL SILVER PIN AWARD – 25 YEARS SERVICE

Antoinette DuBose
Herb Estep
Tracey Estep
Terri Fulp
Eric Brown

NATIONAL AAU JUNIOR OLYMPIC GAMES AWARDS IN GREENSBORO, NC

Benjamin F. DuBose, Jr.
Antoinette DuBose

NATIONAL AAU LIFETIME MEMBERSHIP AWARD

Benjamin F. DuBose, Jr.
Antoinette DuBose
Tracey Estep

2019 - 2022 Special AAU Awards



2021 SPECIAL AWARDS

JOHN G. CONSIDINE – “SPORT DIRECTOR MEMBERSHIP AWARD”

- Most Registered Participants” – **Swimming**
- Largest % Increase in New Registrations” – **Swimming**

WILLIAM “BILL” STEVENS – “CLUB EXECUTIVE OF THE YEAR AWARD”

Joe Cucchiaro - Swimming
Pamela Muhammad – Track & Field

RALPH L. DURANT MEMORIAL AWARD -- TRACK & FIELD

Taylor Gross
Jaylen Bennett

GOVERNOR’S AWARD

Eric Allen – Track & Field
Megan Reith-Hoppin Hawks – Jump Rope
Mary K. Haynes – Track & Field
Tracey Estep – District Secretary – Banquet Committee
Denise DuPree – Banquet Committee
Conroy Dean Eversley – Men’s Basketball- Banquet Committee
Camille Eversley – Banquet Committee

VOLUNTEER OF THE YEAR AWARD

Joe Cucchiaro – Central Maryland Swim League - Swimming

BENJAMIN F. DUBOSE, JR – OVERCOMING ADVERSITY AWARD

Beverly Vincent
Herbert Estep
Hansberry Moore

2021 AAU NATIONAL HALL OF FAME INDUCTEES

Benjamin F. DuBose, Jr.
Antoinette DuBose

2019 SPECIAL AWARDS

VOLUNTEER OF THE YEAR AWARD

Gary Brooks

BENJAMIN F. DUBOSE, JR – OVERCOMING ADVERSITY AWARD

Coach Debbie Thompson Brown – Track & Field

MEL PARKER AWARD

Olivia Valdez - Softball



GARY BROOKS

2019 MARYLAND DISTRICT AAU VOLUNTEER OF THE YEAR

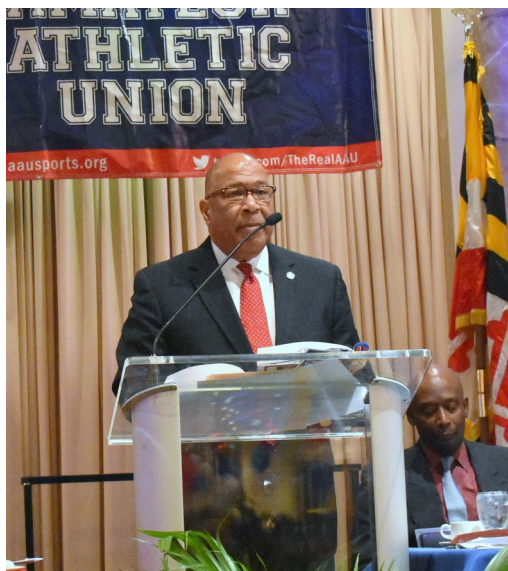
Gary M. Brooks, Esq., this year's Volunteer of the Year Award recipient, is a diligent, continuous volunteer with Maryland AAU and various other volunteer organizations, who can certainly be counted on to do what is needed when called upon.

This individual spends endless hours supporting the organizations they represent. MD AAU applauds and admires the amount of volunteer time spent on activities for and with others.

Our volunteer is an attorney by profession, and has a BA degree from UMBC, a Master's degree from University of Baltimore and a law degree from University of Maryland. He is an avid Baltimore Ravens fan, supporter of his church, his family, his fraternity, other community service organizations and most important to this endeavor with Maryland AAU.

As a Maryland AAU volunteer, some active services include:

- Chairman - AAU Review Committee
- Co-Chair – MD AAU Legislative Committee, along with Mayor “Jack” Young
- Chairman - MD AAU Cares Program
- Member - MD AAU, Boys Basketball Committee
- Represented MD AAU - Regional and National Conferences
- Co-Founder - Baltimore Stars Basketball Program
- Past Board President & Coach, Madison Square Buccaneer Basketball Program



Gary is a 1974 graduate of Baltimore City College, also known as the "Castle on the Hill". As such he was one of the lead committee members of his 45th year class reunion that was held just last month. Not only was he a class reunion committee member, but he is currently on the Baltimore City College, Alumni Association Executive Committee that greatly assists Baltimore City College High School students obtain scholarships to further their education. As a Committee member they continuously recruit Baltimore City Alumni to become Alumni members.

Gary is a faithful member of the Historic St. James Episcopal Church, of which he is currently a vestry member, the governing body of the church as the People's Warden. In this position he responds to the desires of the pastor and the church congregation. One of his most recent responsibilities was to assist in hiring and attain the current Pastor, Father Richard Meadows, Priest in Charge, who has been so since March of this year.

He also commits endless hours to his fraternity, Phi Beta Sigma Fraternity, Inc. He currently is the president of Nu Sigma Sigma Chapter's Foundation Arm, which provides community service hours and support to young men of the Beta Sigma Club a program for boys in middle school.

Gary received a volunteer award in 2017 from not only his local chapter, but he received a distinguished Volunteer Award from Phi Beta Sigma Fraternity's National President at its 2018 Regional conference in Baltimore for his continuous commitment to community service.

Gary is a board member of a local non-profit organization, You Make a Difference, Inc. along with other UMBC colleagues. This organization provides scholarship opportunities to local students in need of funding opportunities for college.

As a husband, parent, brother, uncle and lastly, "Poppa G" as the grands affectionately call him, there are hours spent participating in and supporting family.



Just recently in October, the family spent an entire week in Florida that included 3 and 4 year old grand kids, where he rode on rides and watched performances of the Disney characters at 4 Disney Parks four days in a row. He also spent time with a niece and nephew who lives in Florida an hour away. Family time is important.

Gary, our Volunteer of the Year, has an unwavering commitment to community service, dedication of time to family, love of sports and is a well-deserved recipient of this award!



JOE CUCCHIARO

2021 MARYLAND LOCAL AND AAU NATIONAL VOLUNTEER OF THE YEAR



Joe Cucchiario has been an active member of the Maryland swimming community since 2007, when his six-year-old daughter started swimming competitively, to be joined the following year by Joe's younger daughter. Their first team was the Taylor Village Tigerfish summer team, which is a member of the Central Maryland Swim League (CMSL) and is sanctioned by AAU.

Joe initially started volunteering with the Tigerfish to help set up for meets and work as a timer. He soon decided that he wanted to become an official and has been officiating ever since, both for the summer league and for the various year-round club swimming teams his daughters eventually joined. Joe was invited to join the Tigerfish parent board in 2011, then he accepted the role of AAU representative on the CMSL board the following year, without fully understanding what the position would entail or even what AAU really was. Nonetheless, he enthusiastically tackled the role that would result in him becoming a valued member of the AAU community.

During the summer of 2012, Joe spent much of his time learning about the budding relationship between CMSL and AAU. He recognized the potential for a strong partnership and made it his goal to solidify those ties. As a result of his efforts, he was invited to attend the AAU annual banquet that fall with his older



daughter. They were the only two swimming representatives there, which further strengthened Joe's resolve to make swimming a larger part of the AAU world.

Joe began working closely with AAU's Ben and Antoinette Dubose and the CMSL board to increase awareness of AAU among the league's 50 or so swim teams and to help them understand the benefits of their AAU memberships. Joe was particularly instrumental in establishing the AAU Award for CMSL Leadership, to be awarded to up to two members of each summer team every year. This new award was very well-received by CMSL athletes, coaches, and team representatives, and there were 78 recipients of the award in 2013. In addition, three swim team parents were awarded the AAU Governor's Award for their life-saving efforts in an incident involving a coach who suffered a medical emergency.

Attendance at the AAU banquet increased from just Joe and his older daughter in 2012 to more than 100 CMSL athletes, family members, and coaches in 2013, becoming

the sport with the second-largest representation at the banquet. As awareness of AAU continued to grow throughout the swim league, the number of AAU/CMSL awards also continued to increase, culminating in 2016, when there were 98 athletes receiving the award, and when swimming became the sport with the most representatives at the banquet.

In the years since Joe first began working with AAU, he has earned the John G Considine award for Sport Director Membership as well as the William "Bill" Stevens club executive award multiple times. In addition, Joe has also been the recipient of the AAU Governors award multiple times. In 2021, Joe was awarded the AAU volunteer of the year award, an honor typically reserved for AAU leadership. Joe has also accepted numerous other awards on behalf of CMSL for their participation in AAU.



Joe's final summer working with CMSL and AAU was in 2022, more than 15 years after he first started volunteering as a swim parent, 10 years after becoming CMSL's AAU rep, and shortly before he and his family moved out of state. During that time, he took a relationship between CMSL and AAU that was in its infancy and grew it into a strong and successful partnership. Joe's devotion to the sport of swimming is truly unmatched, and his positive impact will be felt throughout Maryland for many years to come. Everyone at AAU would like to thank Joe for his many years of service, and we wish him well as he moves on to his new adventures with Minnesota swimming!





2019 - 2022 Overcoming Adversity & Mel Parker Award Winners

2021 Benjamin F. DuBose, Jr. OVERCOMING ADVERSITY Award

HERB ESTEP



This year's recipient has more than 30 years mentoring and coaching youth and young adults. For more than 20 years, he has amassed several city's state and national championships and honors as a Pop-Warner, Semi-Pro and High School football Coach. He is a AAU Boys Basketball Tournament Assistant, AAU Football Sports Director, former basketball official, life guard, umpire, baseball player and all around sport.

In 2012, when diagnosed with Asbestosis, he became dependent on oxygen. His abilities were limited; however, he continued his passion to coach and mentor young men while being supported by family and friends. As his lung disease progressed, he medically retired from the Housing Authority of Baltimore City with more than 30 years of service.

However, refused to let his disease define or hinder his ability to coach football, assist with Maryland AAU Boys Basketball Tournaments and mentor young men. In December of 2019, He received a double lung transplant. During his recovery and the COVID-19 pandemic, he discussed on several occasions his return to coaching football. His love and dedication to positively impact the lives of youth and young adults he encountered kept his drive to return to not only attend many high school and college games continuing to

support the players in their many endeavors. As the AAU tackle football sports chair, he assists with the national tournament and traveled to Orlando, Florida in 2021 to represent the Maryland District AAU Football. He returned to coaching football on the high school and semi pro-levels in 2021. In May 2022, He coached his semi-pro football team where they won the League's Championship. In August 2022, he returned to coaching youth football with the Old Town Gators.

Herb is happily married to Tracey, they have four children, eight grandchildren, and one great-granddaughter.

2021 Benjamin F. DuBose, Jr. OVERCOMING ADVERSITY Award

HANSBERRY MOORE

Hansberry Moore, a native Baltimorean is a dedicated and committed volunteer with the Maryland District AAU. Hansberry has served in the role of Maryland District Assistant Commissioner, Sports Director for Baseball and Softball. He has attended several AAU National Conventions and the leadership conferences. In addition to his volunteer work with AAU, Hansberry was affiliated with Northwood Baseball League for nearly twenty years where he held positions of Board Member and Coach.

Hansberry was employed with Baltimore City Health Department (BCHD) Operations Safe Kids. He retired from BCHD with nearly 20 years of service. Prior to his employment with BCHD, Hansberry was employed with the Charles Hickey School for Boys. He is currently employed as a Recreation Assistant with Baltimore City Recreation and Parks.

In October 2020, Hansberry was diagnosed with COVID. His disease progressed rapidly causing him to be placed on advanced life support and eventually on a ventilator. After 2 months in the hospital, Hansberry was transferred to Levindale Rehabilitation Hospital where he stayed for three months. After a 5-month hospital stay, Hansberry overcame his battle with COVID- 19 and was discharged to go home with his family.

After nearly 8 months of illness and rehabilitation, Hansberry returned to his employment with Baltimore City Recreation and Parks. Where he has a daily impact on the lives of the youth enrolled in the recreation programs.

Hansberry is married to Sonia Moore, blended family of seven children, eight grandchildren and four great-grandchildren.



2019 - 2022 Overcoming Adversity & Mel Parker Award Winners



2021 Benjamin F. DuBose, Jr. OVERCOMING ADVERSITY Award **BEVERLY VINCENT**



Beverly Vincent, a dedicated and committed AAU member. She has fully served and promoted the Amateur Athletic Union movement. Beverly currently serves the Maryland District AAU as the Registrar and Boys Basketball Tournament Assistant Commissioner. Beverly served the AAU District as assistant commissioner in Boys Basketball under Mcarroll Nole and later became the commissioner for the 5 under boys basketball team. Beverly was appointed on the Finance Committee and also served on the National Boys Basketball 8u team. Beverly served as the chairperson for the District Election Chairperson. Beverly is currently the Registrar for the Maryland AAU District. She was Commissioner for the National Girls Basketball team in Orlando, Florida. She attended the National Conventions and the leadership conferences.

In 2019 when Beverly health caused her duties with the Maryland District AAU to be limited, she continued to serve in her role under she was hospitalized. In January of 2020, Beverly received a Heart Transplant at Johns Hopkins Hospital. During her recovery and through the COVID 19 pandemic, Beverly's dedication to community and AAU was evident as she attended virtual meetings, volunteered

for events when her health permitted her to do so. In July of 2022, Beverly was a Tournament Assistant for the 8U Boys Basketball World Championship games hosted by the Maryland District at McDaniel's College, and she is currently the Executive Administrator for the St. Paul Community Baptist Church.

Presently, Beverly resides in Baltimore, Maryland and is retired from Verizon. She works full-time in his various roles locally in Baltimore area communities and nationally in the AAU. She is the Proud mother of Roderick Braxton and mother-in-law to his wife, Lynette Braxton.

2019 Melvin "Mel" Parker AAU Female ATHLETE of the YEAR Award **OLIVIA VALDEZ**



A high performer exceling in academics, athletics, and the arts, Olivia attends Southern High School (Class of 2023), where she is in her freshman year. She participated in the Maryland Polar Bear Plunge at Sandy Point State Park in Annapolis charity event sponsored by the Maryland State Police in support of the International Special Olympics.

She has worked a volunteer events at the Deale Elks Lodge, and helped SCYA youth programs with volleyball practices, tryouts and evaluations for younger age girls. On the diamonds, Olivia is impressive. She plays AAU Softball for the Maryland Wonder softball team in the AAU Mid-Atlantic Fastpitch League 18-and-over division.

As a member of the Mid-Atlantic Diamond Sports Club, she has earned distinction as a Maryland AAU Softball Outstanding Player and All-District selection (2019). Her softball playing career thus far includes SCYA Rec (5-7 years old), Bowie Lady Bulldogs Rec (BU), Northern Calvert Fury Travel (10U-12U), Crofton Cardinals Travel (14U-16U), Ravenwood Revolution Travel (14U-16U), and currently the South River Elite Travel 18U team.

In addition to softball, Valdez's sports include volleyball (currently at Southern HS), lacrosse, and basketball, as well as the arts in Dance. Olivia is grateful for all the opportunities and support she has received from AAU Softball and AAU National Headquarters, District, Club, and League administrators as well as her fellow athletes, coaches, and volunteers throughout her playing days.



We Remember: **ANTHONY "DOODIE" LEWIS**

Anthony Lewis, lovingly known as "Doodie or Squirrel" was born on August 14,

1953. He transitioned into eternal life on August 10, 2021, He was educated in the Baltimore City Public School System and graduated from Baltimore City College High School. Towson State University was next on his agenda. He graduated from Towson University with a Bachelor's Degree.

Doodie started his career as a recreation assistant with the Baltimore City Department of Recreation and Parks at age 16 and 43 years later he retired from the same place as Director.

His journey did not stop upon retirement. He continued to coach young men until his untimely passing.

Doodie's outstanding accomplishments off the court are just as numerous. One highlight he is especially proud of is the Burlington-Baltimore Friendship Exchange Program he and Joe McNeil set up many years ago.

If you were a part of this exchange program, then you already know the fun that was.

He had plenty of opportunities to move to more lucrative careers, but he chose to stay with recreation and parks because his reward was the smiles on the faces of his players when they won the "big games". Very few people in life ever get to do something they love and when he became ill, he was doing what he loved to do, traveling to coach basketball games.

Lewis led by example. Always helping our young people stay on track and stay out of trouble. Encouraging them to stay in school and make something of themselves. He often used his own personal income to support the program; sometime neglecting his own needs, that's how much he loved the Cecil-Kirk Basketball family.



ANTHONY "DOODIE" LEWIS

He was honored by the former mayor, Bernard "Jack" Young for his dedicated service and continuous dedication to our community and our city.

When He passed, it seemed like a part of us went with him. The void He leaves behind will never be replaced.

He was a father-figure, a mentor, a teacher, a brother, a son. Above all, he was Coach Doodie/Squirrel, a fierce competitor. He approached the game with passion, and he had many accolades to prove it. Coach and his associates made their presence known in Baltimore City and around the country.

They brought home numerous National Championships.

Coach Doodie's name is synonymous with basketball and winning. He coached numerous players that went on to play in the National Basketball Association (NBA) and over-seas as well.





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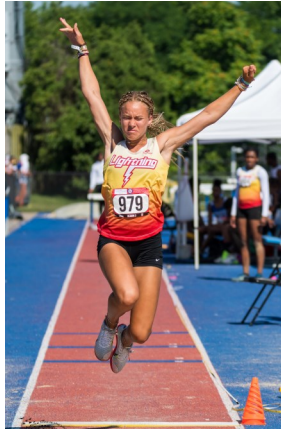
ATHLETICS

Cross Country / Track & Field

Under the leadership of MARY HAYNES, the new Athletics Sport Director, the Athletics program saw a tremendous surge in new membership this year!

We also had a fantastic time participating in the 2022 AAU JUNIOR OLYMPIC GAMES in GREENSBORO, NC! Maryland AAU athletes had 87 Awardee/Representatives on the Podium, with 103 Medals earned. 8 athletes also won Double Medals and 6 athletes won Triple Medals!





MARYLAND AAU – ATHLETICS - RESULTS

The Greensboro Experience, The Junior Olympic Games Was Very Rewarding For The Maryland District. We Had 87 Awardees On the Podium With 103 Medals Earned. There Were 8 Athletes With Double Medals and 6 Athletes With Triple Medals. We Were Well Represented.

Our Athletes Are As Following:

BALTIMORE WHITE KNIGHTS
Raymond Queen IV
Meter Dash And

5th Place 100 Meter Dash, 4th Place 200

4 X 100 Meter Relay – 5th

Place
Christopher Floyd
Trevor White, Jr.
Cardell Beck
11 – 12 Boys
Place

4th Place 800 Meter Run

1st Place Turbo Javelin

1st Place Shot Put

4 X 100 Meter Relay – 5th

BULLEYES RUNNING

Carter Knox
Christian Childs
Lauren Virmani
Marella Virmani
Ava Carr
11 – 12 Boys
Place

4th Place 800 Meter Run

6th Place 1500 Meter Run

3rd Place 3000 Meter Run

4th Place 3000 Meter Run

4th Place High Jump

4 X 800 Meter Relay – 7th

FASST TRACK AND FIELD CLUB

Kassidy Hopkins
Place 200 Meter Hurdles

3rd Place 100 Meter Hurdles And 7th

FIREBIRDS

Parker Coes
and 5th Place Long Jump
Baara Stewart
Bryce Isler
Eden Madison
Ania Madison

8th Place 100 Meter Dash

4th Place 1500 Meter Run

4th Place 3000 Meter Run

1st Place High Jump

8th Place High Jump

FOREVER STRONG ELITE TRACK CLUB

Elise Pridgeon

2nd Place 100 Meter Dash

2nd Place 200 Meter Dash

2nd Place 400 Meter Dash

FULL SPEED ATHLETICS, INC.

Nyckoles Harbor II

2nd Place 100 Meter Dash

1st Place 200 Meter Dash

3rd Place Long Jump

4 X 100 Meter Relay

Clayton Gary
17 – 18 Young Men

LIGHTNING RUNNING CLUB

Nell Dailey
Kaylee Franklin
Jonas Sparks

7th Place Long Jump

6th Place Javelin Throw

4th Place Pole Vault

RANDALLSTOWN TRACK CLUB

Marc Batista
walk

3rd Place 3000 Meter Race-

MARYLAND BLAZE TRACK CLUB

Kayden Worrell

7th Place 400 Meter Dash

OWINGS MILLS TRACK CLUB

Sage Hinton

2nd Place 400 Meter Dash

RDA – RALPH DURANT ACADEMY

Jason Holmes –Williamson
Thomas Smith IV
Vaughn DeV Vaughn III
400 Meter Hurdles And

1st Place 110 Meter Hurdles

3rd Place 110 Meter Hurdles

5th Place 110 Meter Hurdles, 4th Place

6th Place 4 X 400 Meter Relay

Madison Parham
17 – 18 Young Women
17 – 18 Young Men

4th Place 400 Meter Hurdles
4 X 400 Meter Relay – 8th Place
4 X 400 Meter Relay – 6th Place

SEVEN LOCKS RUNNING CLUB

Patricio Pardo
1st Place 3000 Meter Run

4th Place 800 Meter Run And

And 2nd Place 1500 Meter

Run

Emma Pham

Clara Aschenbach

Grace Love

7th Place 1500 Meter Run

5th Place 1500 Meter Run

4th Place 3000 Meter

SEVERN HIGHSTEPPERS TRACK CLUB

Darius Dunlap-Elkins

2nd Place 1500 Meter Racewalk

5th Place 5th Triathlon

4th Place 1500 Meter Racewalk

5th Place High Jump

6th Place High Jump

SOUTHERN SPRINTERS ELITE

Terrence Dorsey

2nd Place 400 Meter And The

4 X 400 Meter Relay – 1st Place

The 4 X 400 Meter Relay – 1st Place

The 4 X 400 Meter Relay – 1st Place

The 4 X 400 Meter Relay – 1st Place

2nd Place 400 Meter Dash

6th Place 400 Meter Dash

7th Place 800 Meter Run

8th Place 1500 Meter Run

4 X 400 Relay – 2nd Place

4 X 400 Meter Relay – 6th Place

Zachary Pratt

Malcolm Brown

Yeshua McKinley

Christopher Quick

Cameron Homer

Sky Simmons

Brody Poyry

9 – 10 Boys

13 – 14 Boys

SPEED AND ENDURANCE TRACK CLUB

Kennedy Brown

6th Place 200 Meter Hurdles,
7th Place 800 Meter Run And

8th Place 14 Year Pentathlon

Lilah Flores

And 2nd Place 3000 Meter Run

Sophia Martinez

8th Place 1500 Meter Run

5th Place 1500 Meter Racewalk

UNION ATHLETICS

Sydney Harris

2nd Place 100 Meter Hurdles,

1st Place 14 Year Old Pentathlon And

The 4 X 100 Meter Relay – 1st Place

Jasmine Sharps

Jasmine Cook

1st Place

Bryce Hatcher

1st Place

The 4 X 100 Meter Relay – 1st Place

The 4 X 100 Meter Relay –

The 4 X 100 Meter Relay –

USA-JA

Aida Joseph

1st Place 100 Meter Dash, 2nd Place 200 Meter Dash And

On The 4 X 100 Meter Relay – 4th Place

VISION ELITE TRACK CLUB

Taylor Blackwell

7th Place 80 Meter Hurdles

And 4th Place 11 Year Old Pentathlon

6th Place High Jump

Jase Parker

UNATTACHED

Sophia Rankins

2nd Place 3000 Meter Race-

walk
7th 400 Meter Dash

Sameena Mathew



CARDELL BECK

11-YEAR OLD

SHOT PUT

NATIONAL CHAMPION!

— 2022 —

CONTINUE TO BE GREAT!

We Are Proud of YOU!
Love Mom,
Dad & Skylar!



CONGRATULATIONS To All Our Athletes Being Honored!

You represented Maryland AAU Region 3 skillfully and there were many formidable competitors! The Coaches and I are extremely proud of each and every one of the athletes that were in attendance. Many personal bests were performed and new records set - It Was Phenomenal!

CONTINUOUS GREATNESS ON THE TRACK AND IN LIFE!

Special Note to the Coaches and Volunteers being honored:

I greatly appreciate your tireless efforts and the results were truly impressive - by so many of our wonderful athletes represented on the Podium!

Much Love!

Mary K. Haynes, Sport Director - Athletics



BOYS BASKETBALL

Championship Teams, World-Class Tournaments and a Lifetime of Memories!







GIRLS BASKETBALL

Taking It To The Net!

The Maryland Belles 2027 team was initially formed during the COVID-19 pandemic shutdown - the team has come a long way from practicing outside when opportunities for basketball were very limited, to now having played over 150 games together.

The 6th grade season featured championships at the Glen Arm league and AAU East Coast Nationals and a Final Four finish at MADE Hoops. The 7th grade season featured championships at the Urban Youth President's Day Tournament, Crossover Hoops Spring Classic, Philly Face-off, undefeated showcase performances at the Fairfax Stars Tournament and Max Exposure Mother's Day Tournament, and culminated in the 13u Championship at US Junior Nationals at Hershey.



To begin their 8th grade season, the 2027 Belles are taking the challenge of playing up in two High School leagues and look forward to a highly competitive winter circuit schedule!



CONGRATULATIONS

To all the athletes
being honored!

Keep Striving For
GREATNESS!

- William & Barbara Venable





JUMP ROPE

Double-Unders Forever!







Photo by Dylan Slagle / Carroll County Times

SWIMMING

Building champions one stroke at a time!

AAU and the Central Maryland Swimming League (CMSL) work together to offer amateur sports programs through a volunteer base for all participants to have the physical, mental, and moral development of amateur athletes and to promote good sportsmanship and good citizenship.

CMSL leadership is entirely staffed by parent volunteers, from the board of directors to the team representatives.

The league is comprised of 49 teams separated into nine divisions across four counties and Baltimore City.

In partnership with AAU, CMSL works to provide competitive summer swimming programs for children of member pools to help advance aquatic skills, promote teamwork and principles of good sportsmanship, and develop a love of the sport.

The league is separated into divisions to accommodate a more competitive grouping of teams which is based on the performance of a team during the previous season and may change from year to year.

Each athlete, coach and team representative is an AAU member.

CMSL provides swimmers with several levels of competition to assist in their development as athletes and well-rounded individuals.

The official season consists of five dual or tri meets, a league-wide invitational meet called the Straehle championship meet, and divisional championship meets at the end of the season. All dual and tri meets are held at member pools, usually on Saturday mornings in June and July.

Many teams also organize additional inter-divisional and novice meets throughout the season to provide more opportunities for competition and fun.

All CMSL meets have the same event structure which is separated by age and gender.

The Central Maryland Swim League works to assure that both swimmers and parents alike have a positive athletic experience as well as a positive social interaction across all athletes and volunteers. With over 5,000 members, CMSL is the largest swimming organization within AAU!





TAEKWONDO

Challenging the POWER with YOU!

Jacob Brown, nominated by Master Matt Killian, participated in his first 2022 AAU Taekwondo National Championships, July 3-8, 2022, Las Vegas, NV.

At eight years old, Jacob has not been blessed with the gift of height, and everyone he spars always seems to be taller than he is. However, Jacob has an indomitable spirit and has learned what it takes to score effectively on bigger opponents.

At Nationals, his division was so big it was split into two based on height. He was in the smaller group of nine competitors and executed his game plan, winning first for that division. The opportunity arose for him to compete against the bigger kids' division winner.

Jacob won first place, making history by winning the Grand Champion Award.

It was a huge moment for Jacob and yet another lesson to be learned that size isn't nearly as valuable as hard work, preparation, and an indomitable spirit. I am proud of Jacob and thankful that AAU offers these opportunities for our athletes!



Lucas Beach, nominated by Master Jeremy Gray, was an avid competitor during the 2022 season. He secured the top three finishes in his state and regional competitions. He traveled to the 2022 AAU Taekwondo National Championships, July 3-8, 2022, in Las Vegas, NV. He earned a double gold medal. 1st place in point sparring, and 1st place in continuous sparring. His divisions were the highly competitive sixteen-seventeen male Black Belt division. He earned a spot on the AAU National Point Sparring Team as a gold place winner. He will travel to Nashville, Tennessee, in October for team training. Lucas was also a 2014 silver medalist at the AAU Nationals in point sparring and a gold medalist in the 2017 AAU Nationals in point sparring.

As a student, never have I seen Lucas put forth anything less than 100% effort during class time. He constantly strives to better himself as a martial artist through meticulous practice and hard work. Lucas's effort not only makes him a better martial artist, but his efforts also raise the action and awareness of his peers. Lucas set a very high standard during class, and everyone around him responded by working harder to reach that bar. Lucas has always shown the utmost respect to me, the other instructors, and his fellow students. Lucas is currently a 3rd degree Black Belt, a tremendous testament to his dedication and commitment to the martial arts.

As a lead instructor at Southern Maryland Martial Arts, Lucas can command classes. He has demonstrated very handily the ability to negotiate the thin line between encouragement and discouragement, indeed the trait of a good leader. He genuinely tries to assist every student in the class and make them better martial artists.

Lucas is a perfect representative for the state of Maryland for the sport of Taekwondo. The example he sets raises awareness for AAU Taekwondo, and he is doing his part to make AAU Maryland Taekwondo stronger.

In this year's nomination guidelines: To recognize, honor, and celebrate Maryland AAU athletes who have, by ability and effort, achieved a level of excellence in the areas of their chosen sport, Lucas has fully demonstrated this and more.



Katharine Cadwalader, nominated by Master Glenn Ames, is a great role model dedicated to helping others. I have personally experienced the merit and determination Katharine possesses. She has been a 2Persevere Martial Arts, Inc. (formerly 7Dragons Taekwondo) student for the past three years and is currently a Recommended Black Belt. She has naturally become an integral part of our program as a Junior Instructor supporting a very eclectic group of students.

Her duties require instructing the class in warm-ups, individuals, or groups. She is a natural leader and can seamlessly transition between assisting and guiding the broad spectrum of personalities. She is exceptionally gifted at making students comfortable and maintaining a positive attitude.

Katharine is an exceptional student who combines natural ability with a willingness and earnestness to learn. She is a bright and attentive young woman. She demonstrates that she is an intelligent and capable student with great potential. The students see her as an instructor, student, and competitor. Her energy, trustworthiness, and hard work embody the qualities of an actual role model.

She is a quick student, an ambitious leader, and a terrific team player. These qualities make her an outstanding student and Athlete. We look forward to watching her continue to grow not only in Taekwondo but also in her personal leadership goals and endeavors!



VOLLEYBALL

Ball 'Til You Fall!





"...This season was a great season, we are finally fully recovering from COVID. We have increased our numbers by 1000, and this resulted in more teams than ever before attending events!"

- Rich Comly





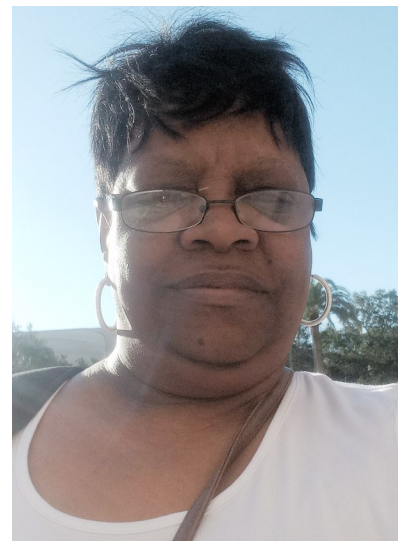
AAU CARES!

AAU Volunteer Makes "A Christmas Wish" Come True For Many!

On December 24th, Baltimore's Cecil Kirk Recreation Center held its 30th Annual "A Christmas Wish" Program, providing coats, food baskets, books and toys to local underserved families. "A Christmas Wish," was created and is directed by AAU Sport Director (Girls Basketball) and Baltimore City's Department of Recreation and Parks Recreation Leader **Joyce Venable** (pictured right).

This year, "A Christmas Wish" distributed over 250 gifts, including 100 bicycles, and also served 300 meals. "It's been 30 Years and counting," said Joyce. "Dedication and Determination are the keys to our success. I'm dedicated to making a child's holiday a bright one and I'm determined to make it happen for EVERY CHILD on my list. Thank you so much to my AAU family for all your love and support!"

Gifts and donations poured in from friends, Staff, members of the community, and local organizations, including the MD District AAU.



"As always," says Ben DuBose, MD AAU Governor, "the Maryland District AAU is excited to help Joyce with her much-needed program. Her commitment and dedication to her kids and community is truly inspirational. We help wherever we can, with our gifts, monies and our time." MD District AAU donated bikes, toys, canned goods and refreshments to this community project. AAU Volunteers were also on hand, assembling bikes and toys, wrapping presents, serving food and handing out gifts.





A SPECIAL THANK YOU!

to the 2022 Awards Banquet Committee
Maryland AAU Officers,
Executive Committee,
MD AAU Sports Directors,
Administrative Staff,
Master of Ceremonies,
Guest Speakers, Coaches, Parents
Volunteers and most of all, our
MD AAU Athlete Awardees!

Ben & Antoinette DuBose,

Governor, and First Lieutenant Governor,
Maryland District AAU



The Maryland District AAU wishes
to thank the Administrators and
Staff at Morgan State University
for your continued support!



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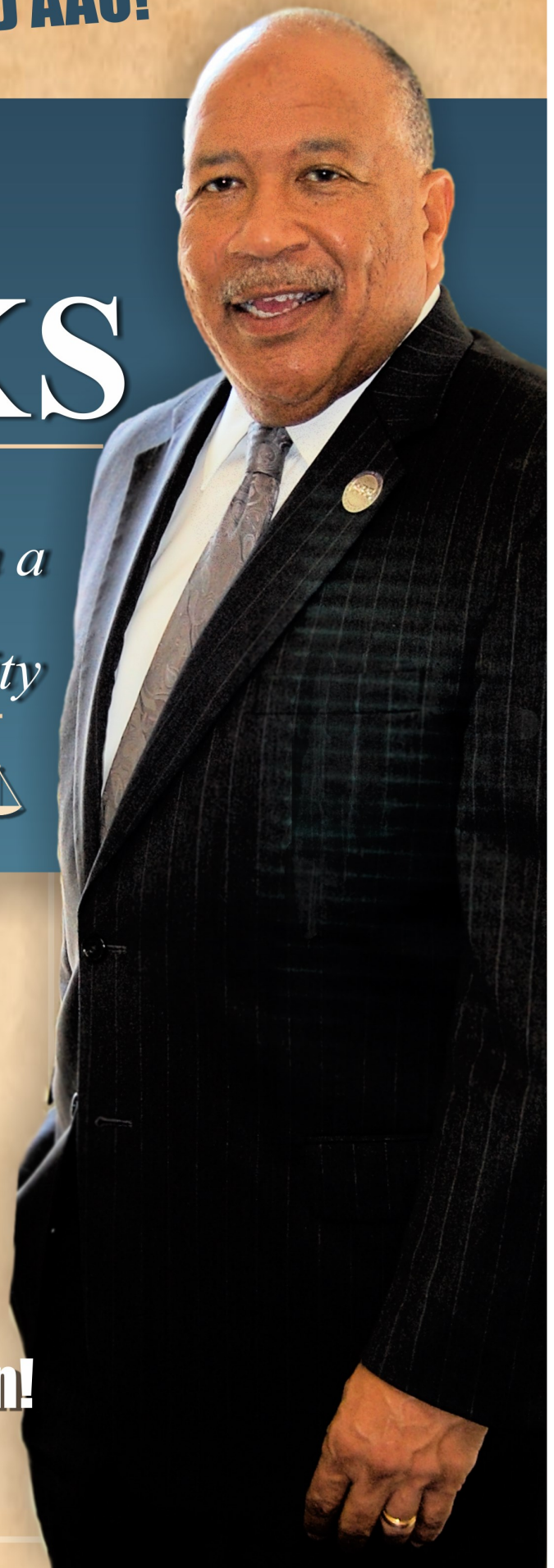
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