

MARYLAND



2023 DISTRICT AWARDS BANQUET

SUNDAY, NOVEMBER 19TH

Martin's West Caterers - Baltimore, Maryland

God's Blessings and Congratulations to the Maryland AAU!

Benjamin Dubose, Governor

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Congregation of the
Saint Paul Community
Baptist Church Family**

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Jesus Christ and the Proclamation
of His Gospel..."**

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Baltimore, Maryland 21213**

Church Services:

Sunday Church School - 8:30 a.m.

***Morning Worship* - 10:00 a.m.**

***Bible Study* Wednesday - 7:00 p.m.**

***Prayer and Praise Service* Friday - 12:00 p.m.**

Women's Ministry - Last Tuesday of every month at 6:30 p.m.

Men's Fellowship - Fourth Saturday of every month at 10:00 a.m.

Sr. Ministry Bible Study - Every 3rd Wednesday at 12:00 p.m.

Rev. Dr. Gregory B. Perkins, Pastor, B.S., MAR., D.Min.

Church (410) 732-1338 – Fax (410) 732-8410

Email: saintpaulcbc@comcast.net

Web Site: www.hspcbc.org





SPORTS FOR ALL,



FOREVER!

Welcome to the 2023 Maryland District AAU Awards Banquet Ceremony!

Welcome, and thank you for joining us today to celebrate the remarkable achievements of our organization and its outstanding members!

As we approach the conclusion of another thrilling year in the Maryland District Amateur Athletic Union (AAU), I extend my sincere appreciation for the hard work, dedication, and support demonstrated by all of you. Your commitment is truly awe-inspiring!

Our AAU programs not only challenge athletes to enhance their sports skills but also focus on building essential life skills, fostering personal growth, and enabling them to reach their maximum potential. They are a source of inspiration, motivation, and guidance, designed to nurture character.

AAU activities instill the confidence necessary for success in various aspects of life. They emphasize goal-setting, teamwork, leadership, good sportsmanship and they greatly contribute to the holistic development of our athletes.

Today's AAU Athlete Awardees are not only talented and competitively spirited, but they're dedicated to elevating their games, and they embody resilience in the face of setbacks. We honor them today for their strength, motivation, commitment, and determination; and they undeniably deserve the recognition we bestow upon them.

However, we must also remember and acknowledge that the success of these athletes would not be possible without the invaluable guidance, encouragement and support provided by their coaches, volunteers, family and friends.

On behalf of the Maryland District AAU Executive Committee, I extend heartfelt congratulations to all Coaches, Volunteers, and Athletes in the Maryland District who distinguished themselves in AAU competitions throughout 2023.

Hopefully, this year leaves us with fond memories, the forging of new friendships and wonderful shared life experiences through participation in AAU Sports programs.

I sincerely hope everyone enjoys today's special celebration!

Ben DuBose, Maryland District Governor
www.marylandaaui.org

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2023 MD AAU AWARDS PROGRAM



Welcome	Gary Brooks - Chairperson, Maryland AAU District Review Committee
Introductions: MD District Officers, Sports Directors & Master of Ceremonies	Karen Brooks - Banquet Committee
.....	
Master of Ceremonies	Lamont Germany - Sports Anchor & Co-Founder, Heritage Sports Radio Network
Introduction of Head Table, Banquet Committee & Helpers.....	Lamont Germany
Invocation	Deacon Dean Eversley - Men's Basketball Sport Director, Maryland AAU
Banquet Housekeeping.....	Lamont Germany
Dinner & MD AAU "Year In Review"	
Introduction of Keynote Speaker.....	Pastor Antoinette DuBose - 1st Lieutenant Governor, MD AAU
Keynote Speaker	Mr. Bryan Hall - Baltimore Ravens Super Bowl 47 Champion and General Manager, UVU Sports & Performance
Presentation to Keynote Speaker	The Honorable Bernard C. "Jack" Young - Former Mayor, Baltimore City
Awards - Jump Rope.....	Megan Reith - Sport Director
Awards - Girls Basketball.....	Thomas "TC" Caviness - Sport Director
John Considine Award	Maurice Ward - 2nd Lieutenant Governor, Maryland AAU
Presentation - Jump Rope.....	Megan Reith - Sport Director
Awards - Volleyball.....	Isabella Castrogiovanni
Awards - Boys Basketball	LaKeesha Beverly-3rd Lieutenant Governor & Eric Brown, Treasurer. Maryland AAU
Special Awards - Boys Basketball	Eric Brown - Treasurer & Thurman Bell - Soccer-Sport Director
Awards - Swimming	Pastor Antoinette DuBose - Sport Director, & Sheila Keppler, President-CMSL
Awards—Track & Field	Mary Haynes - Sport Director
Ralph Durant Award - Track & Field	Mary Haynes - Sport Director
Volunteer of the Year Award/Maryland and National.....	Tracey Estep - Secretary, Maryland AAU
Governor's Awards	Antoinette DuBose - 1st Lieutenant Governor,, Maryland AAU
Presentation to Master of Ceremonies	Eric Brown - Treasurer
Melvin Parker Award	Dean Eversley - Sport Director, Men's Basketball & Camille Eversley - Banquet Committee
Drawings	LaKeesha Beverly & Eric Brown
Closing Remarks / End	Head Table & Ben DuBose, Maryland AAU District Governor

LAMONT GERMANY

Sports Anchor, XM-Satellite Radio, Co-Founder Heritage Sports Radio Network
Master of Ceremonies

Lamont Germany is a 30 year veteran of the broadcast industry, who has enjoyed a varied and comprehensive multi-media career on the local, regional and national level. His career path has afforded an opportunity to experience the full broadcast gamut.

The Morgan State University graduate ('80), was born in Pittsburgh, PA and was bitten by the radio bug practically at birth. His father, Albert Germany (Al Gee) was a popular Dee-Jay in Pittsburgh, and later in Washington, D.C. and New York.

Germany grew up wanting to follow in his father footsteps, and got his first broadcast opportunity while a student at Morgan State University. Under the guidance of News Director Larry Dean and Program Director Kweisi Mfume, Germany interned in the newsroom at Morgan State University owned and operated WEAA-FM.

As a student reporter, he covered the gamut; politics, crime, arts, entertainment, and sports. His experience at WEAA served as the foundation for his career after graduation.

Germany's experience at WEAA led to other broadcast opportunities, including a stint at several of the highest rated stations in the Baltimore-Washington metropolitan area WPOC (FM 93) in Baltimore, MD. And WBAL-AM in Baltimore. At WBAL, Germany enjoyed a 12 year career as a news anchor and General Assignment reporter. During his WBAL tenure, he covered Baltimore City, Baltimore County and Maryland politics.

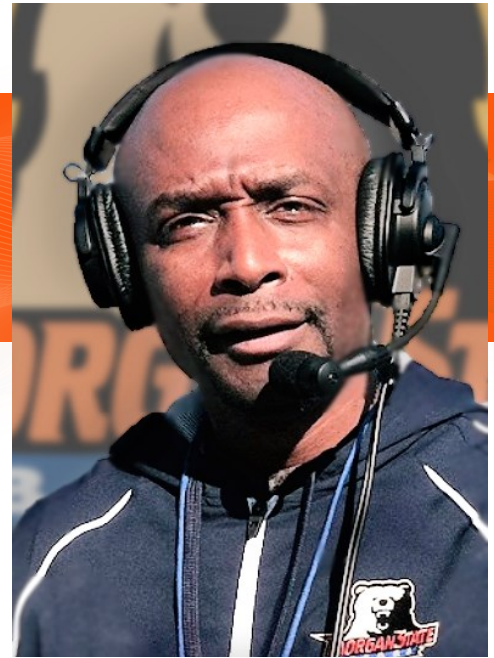
The emergence of new technologies in the industry eventually led to a strong interest in satellite radio. Germany was hired as a Sports Anchor at Sirius-XM Satellite radio in Washington, D.C. in April of 2005. At Sirius-XM, Germany was heard on a national platform. His work could be found on the various sports channels on the platform. Germany has also freelanced in Baltimore area high school sports.

He has had the opportunity to sit behind the microphone at high school football and basketball games since 1995. And in addition to his experience on the high school level, he's also had the privilege of serving as the primary Play by Play voice of Morgan State University athletics.

Germany has been the "Voice of Morgan" since for more than three decades.

In 2007, Germany and several partners realized a career dream with the formation of the Heritage Sports Radio Network (HSRN). The network is dedicated to the national broadcast of HBCU athletics. It affords Historic Black Colleges and Universities a platform for exposure that previously did not exist. HSRN programming can be heard on Sirius-XM radio and 30 radio stations across the country.

Lamont Germany currently resides in Parkville, Maryland.



BRYAN HALL

Baltimore Ravens Super Bowl Champion & General Manager,
UVU Sports & Performance

Keynote Speaker

Bryan Hall is a multifaceted individual who has made a lasting impact in the fields of sports, business, and philanthropy. His remarkable journey began on the football field, where he carved out a successful career in the National Football League (NFL) and later transformed himself into an entrepreneur and philanthropist.

Notably, Bryan Hall's name is forever etched in the annals of NFL history due to his outstanding contributions to the Baltimore Ravens. His time with the team reached its pinnacle when they secured victory in Super Bowl XLVII, a momentous achievement that solidified his legacy as a formidable player on the gridiron.



awareness, promoting financial literacy, and creating opportunities for underserved communities. Through this initiative, Bryan has demonstrated his unwavering commitment to fostering positive change in the lives of those who need it most.

In addition to his impressive ventures, Bryan Hall has emerged as a sought-after keynote speaker, captivating audiences with his unique blend of experiences from the world of sports, business acumen, and his profound commitment to social impact. His inspiring story serves as a testament to the possibilities of reinvention and how one individual can positively influence countless lives.

As an NFL legend turned entrepreneur and philanthropist, Bryan Hall continues to be a driving force in the pursuit of excellence, both on and off the field, leaving an indelible mark on the world.



After retiring from professional football, Bryan transitioned into the business world, where his passion for sports and performance led him to establish UVU Sports+Performance. This thriving enterprise is a testament to his commitment to enhancing the athletic abilities of individuals while promoting overall well-being.

However, Bryan's journey extends beyond the realm of business success. He is the visionary behind the Life Prep Academy Foundation, an organization that embodies his dedication to making a positive impact on society. The foundation is dedicated to several noble causes, including improving mental health



Sports For All, Forever!

**2023 Maryland
District AAU**

**EXECUTIVE
COMMITTEE**



**Ben DuBose, Jr.,
Governor**



**Antoinette DuBose,
1st Lieutenant
Governor**



**Maurice Ward,
2nd Lieutenant
Governor**



**LaKeesha Beverly,
3rd Lieutenant
Governor**



**Eric Brown,
Treasurer**



**Tracey Estep,
Secretary**



**Beverly Vincent,
Registrar**



2023 MD AAU Sports Directors

MARY HAYNES



ATHLETICS

RAY ALBAUGH



BASEBALL

BEN DUBOSE



BOYS BASKETBALL

TC CAVINESS



GIRLS BASKETBALL

KEVIN ESTEP



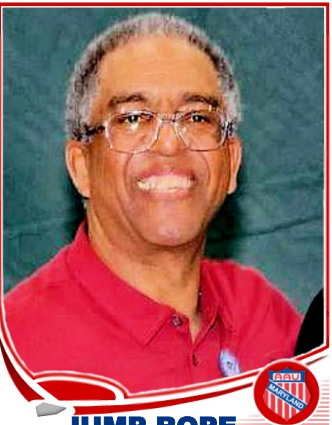
FOOTBALL

MAURICE WARD



GOLF

JIM MCCLEARY



JUMP ROPE

THURMAN BELL



SOCCER

ANTOINETTE DUBOSE



SWIMMING

MASTER GLEN AMES



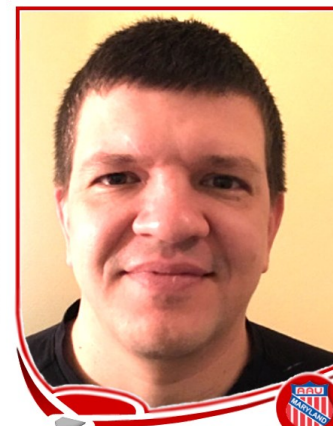
TAEKWONDO

RICHARD COMLY



VOLLEYBALL

JASON GABRIELSON



WRESTLING



2023 Maryland AAU Awards

MD/AAU OUTSTANDING ATHLETE AWARD

The MD/AAU Outstanding Athlete Award is presented to the athlete who excelled in performance in their respective sport, used their talents to best of their abilities and was motivated to excellence in athletic endeavors.

MD/AAU COACHES AWARD

The MD/AAU Coach Award is presented to coaches that through their major commitment of time, patience, and instruction make it possible for the many MD/AAU athletes to train and successfully compete. And through their understanding ways and their knowledge of the game embrace inspiration, motivation, and dedication as the building blocks that athletes need for success in sports and life. Each Sports Director recommends their choice (from their sport) to the Banquet Chairperson.

MD/AAU "VOLUNTEER SPIRIT" AWARDS

The MD/AAU "Volunteer Spirit" Awards are presented to individuals who embrace the true meaning of "giving their time and energy to benefit others," and do so in the "spirit" of what all of AAU really stands for: a commitment and dedication to America's children to grow as individuals and become tomorrow's leaders. These volunteers, who give of themselves, can always be counted on to be there, and always bring the team spirit with them. Each Sports Director makes these recommendations (from the sport) to the Banquet Chairperson.

JOHN G. CONSIDINE – "SPORTS DIRECTOR MEMBERSHIP AWARD"

This award honors the late John Considine and is awarded to the Maryland AAU Sports Director that shows the largest percentage increase in new registrations (athletes and clubs) over the year and the most registered participants. This award promotes both his legacy and passion for involving more and more athletes and volunteers in the fun and spirit of the AAU. The Governor and Registrar finalize selection.

WILLIAM "BILL" STEVENS – "CLUB EXECUTIVE OF THE YEAR AWARD"

This award pays tribute to the sports/club Volunteer, who takes pride in the finer details of AAU paperwork and documentation in ensuring that their club is administratively signed, sealed and delivered for competition (local, state or national). Each Sports Director makes these recommendations (from their sport) to the Banquet Chairperson.

RALPH L. DURANT MEMORIAL AWARD

This award was established to give tribute to the outstanding architecting that Ralph Durant did with the Track and Field program of Baltimore City and the mentoring of youth and young adults in the program. Ralph Durant's name is synonymous with youth track and field excellence. Athletes are selected for their successes during the year's competitions in addition to their prowess at the National Junior Olympics and submitted to the Banquet Chairperson.

GOVERNOR'S AWARD

This award pays tribute to individuals who have demonstrated extraordinary leadership along with demonstrating professionalism and promoting the AAU. Each Sports Director makes recommendation (from their sport) to the Governor.

*** MELVIN "MEL" PARKER MEMORIAL AWARD ***

This award pays tribute to Melvin Parker, who served as the President of the Maryland District for 10 years and Boys Basketball Chairman for 10 years. The Award is given annually to the top male and female athletes who achieve a high standard of performance in AAU sanctioned district, regional, or national competition. The award will be presented to two individuals under the age of 18, in recognition of their commitment and achievement in their chosen sport. Each Sports Director submits an application for the recommendation.

OVERCOMING ADVERSITY AWARD

This award is presented to a member of the community who has demonstrated integrity, courage, and determination in overcoming adversity after which he/she has made a unique contribution to their community. The award is focuses on victims who overcome of severe life circumstances, life threatening organic diseases or impairing physical injuries. During the battle to overcome, award recipient's contribution to society must be exemplified by hard work and unselfish service. The award bears the name of Benjamin F. DuBose, who courageously battled cancer. Application Package must include a completed Application and Essay.

TEAMWORK MAKES THE DREAM WORK!



AAU FOOTBALL provides student athletes the opportunity to showcase their talents, on and off the field! We are excited to be part of the growth of AAU Football and our National Football Committee is committed to providing leadership to all leagues and athletes.

BEST WISHES and CONGRATULATIONS to all of the Student Athletes, Coaches and Volunteers celebrating at the 2023 Maryland District Awards Banquet!

HERB & TRACEY ESTEP

CONGRATULATIONS 2023 MD AAU AWARD WINNERS!



Need MD AAU Sports Information?

VISIT OUR WEBSITE!

Your Source For News & Updates

www.marylandaau.org



2023 Mel Parker Award Nominees



Lydia Cole – Elementary-Middle School – Jump Rope

Lydia Cole is an athlete, scholar, and community volunteer. Lydia's competitive career began in 2019 at the young age of 7 when she competed in her first AAU Winter Invitational. Since 2019 Lydia has consistently placed well in regional tournaments and she also began to experience national and international success. In 2020 she competed in a virtual international tournament through USA Jump Rope and earned several medals. Lydia attended her first AAU Junior Olympics in 2022 and found success in her age group as well as older divisions as she "jumped up" to compete with older teammates. The 2023 competition season was no different for Lydia and she came home with 14 medals including two Overall Gold Medals in both the Single Double Dutch and Pairs Double Dutch Triple Crowns in the 15-17 division at the AAU Junior Olympic Games. Even though Lydia again competed up several age divisions her skills matched those of her fellow competitors. Lydia worked hard to perfect and master the skills necessary for all her routines and you can often find her turning Double Dutch ropes in her signature split turning position. Lydia is also passionate about gymnastics and enjoys learning new skills, especially on the balance beam. This year Lydia will branch out from being solely a recreation team member and compete in her first gymnastics competition this November.

As a volunteer Lydia shares her passion for jump rope by educating others about the health benefits of jumping rope through community shows at various locations. Lydia is active in her church and volunteers her time in many ways. She helps others feel food secure by sorting food donations at her church's food pantry. Lydia also organizes holiday baskets for distribution each Thanksgiving. Lydia serves as a greeter and distributes programs at various events such as The Living Christmas Tree which is a local holiday tradition for many families. During the summer you can find Lydia at her local library helping children with tasks for the summer reading program. Lydia's passion for helping others does not end there as she also assists in the preschool program during the Sunday School hour at her church each week. Lydia is currently in the 7th grade and does well balancing all her passions and community activism while maintaining a 4.0 GPA.

Ruth Cole – Elementary-Middle School – Jump Rope

Ruth "Ruthie" Cole is an athlete, community volunteer, and scholar. As both a jump roper and gymnast Ruthie spreads her love of sports with others. Her smile during her performances is contagious. Ruthie learned early on to demonstrate sportsmanship at all times especially while on the podium. At competitions Ruthie shares her smile and well wishes with those around her while receiving awards. Through AAU Jump Rope Ruthie has earned many regional and national/international medals. At the AAU Junior Olympics this past summer in Iowa Ruthie earned the Overall Gold Medal in the 9-Year-Old Female Single Rope Events and the Overall Gold Medal in the 15-17 Double Dutch Pairs Events. A highlight for Ruthie was winning the Gold Medal in 12 and Under Single Double Dutch Freestyle with two jumpers from another jump rope team. Ruthie and her new friends met and created their routine the day before they competed in that event. In addition to the Overall Medals Ruthie brought home 10 other medals at this year's AAU Junior Olympic Games. When Ruthie is not jumping rope, she can be found tumbling and learning new skills in her recreation gymnastics class. Ruthie will begin competing in gymnastics this November.

As a community volunteer Ruthie can be found performing in community events from parades to health fairs to children's events with her jump rope. She enjoys sharing her sport with others and showing how exercise can be fun and exciting. Ruthie is also very active in her church. She serves as a greeter and welcomes visitors to her church and her favorite event is the Living Christmas Tree. At this event Ruthie welcomes others and passes out programs explaining the history of the Living Christmas Tree which began in 1985. Ruthie is also passionate about helping others feel food secure. To assist with this, she volunteers at her church's food pantry monthly and packages holiday baskets each Thanksgiving. Ruthie's talents outside of the gym also include a passion for singing and sharing her faith with others through the children's choir ministry at Oak Grove Baptist Church. Ruthie is currently in the 5th grade and continues to excel in her classes. She is learning at a young age to balance her academics, sports, and volunteer endeavors while maintaining a 4.0 GPA.



2023 Mel Parker Award Nominees



Sarah Cole – High School – Jump Rope

Sarah is a dedicated student, athlete, and is involved in her community. She recently graduated (class of 2023), was homeschooled all thirteen years, and was dual enrolled at Harford Community College, where she is a member of their Honors College pursuing a degree in Actuarial Science.

Sarah is on the Hoppin' Hawks Jump Rope Team. This past competition season was her 6th year of competing in AAU Jump Rope. She participated in the 2023 AAU Junior Olympic Games where she won five individual gold medals in the Female 17-18 division. Sarah also earned four overall gold medals in her triple crown events, bringing home a total of 17 medals. She has also been awarded the AAU Outstanding Athlete award for Jump Rope in 2019, 2022, and 2023. Besides competing, Sarah performs with her team at local community and school events where she helps spread her love for the sport of jump rope. She teaches classes weekly for Hoppin' Hawks and instructs at their summer camps.

Sarah is also a dedicated student. She is a part of Harford Community College's Honors College where she participates in the Math Club and Mu Alpha Theta National Honor Society and is an officer for both. Sarah is also a member of the Johns Hopkins Center for Talented Youth as well as the National Science Foundation STEM Program and recipient of the S-STEM Scholarship. She was recognized on Harford Community College's 2023 Deans list

for achieving high academic honor and maintaining her high GPA.

Outside of her sport and school she is involved in her community and strives to serve her community. She is a member of the choir for Living Christmas Tree. She is a volunteer for the food pantry at her local church where she helps organize and distribute food as well as participates in their food drives for Thanksgiving food baskets and raises money for world hunger. She helps collect items and pack shoe boxes for Operation Christmas Child, which is a project that collects and delivers shoe boxes filled with toys, hygiene items, and schools supplies to children in need around the world. She serves in her church's Preschool and Childrens Ministry.

Sarah works hard to be successful at sports, school, and in her community as well as working at Chick-Fil-A where she has been promoted three times to shift supervisor and leads the shifts. These activities and opportunities have helped her become the leader and person she is today.

Reagan Smith – High School – Jump Rope

Reagan Smith exemplifies a well-rounded High School student as a scholar, athlete, and community leader. Reagan is a junior at the Science and Math Academy at Aberdeen High School and is dual enrolled at Harford Community College where she maintains an overall GPA of 4.7. She has recently earned the "AP Scholar with Distinction" award, the highest award presented by the College Board. She intends to further her academic pursuits by attending a 4-year college with a double major in Biology and Biomedical Engineering, one day advancing to a PhD.

This past year was Reagan's 8th year of competing in jump rope. At the 2023 AAU Junior Olympic Games she won the overall Gold medal across all 4 Triple Crown disciplines, bringing home a total of 17 medals. She has also been recognized as a Maryland Outstanding Athlete for jump rope in 2017, 2022 and 2023. Along with competing Reagan performs in local and Regional Jump Rope performances sharing her love of the sport with young jumpers as a Junior Coach for the Hoppin' Hawks. Reagan is also involved within her school community. She is a passionate instrumentalist playing violin and viola in her school's advanced Chamber Orchestra and All-County Orchestra. She participates in a variety of clubs and holds leadership positions for National English Honor Society, Key Club, and Women in STEM Club. Outside of school she dedicates her time to volunteering with Camp Inventions STEM Camp as a Leadership Intern fostering creativity in a safe and exciting learning environment, as well as being a Science and Math Academy Mentor helping freshman acclimate to the program by providing tutoring and building study habits. Reagan works hard to balance these activities as well as additional honor societies, art projects, and working part time. All these opportunities have not only helped her become a high performing student-athlete but the community leader she is today.





2023 Mel Parker Award Nominees

Darius Dunlap-Elkins – Elementary-Middle School – Track & Field

Darius Dunlap-Elkins distinguished himself in the 2023 AAU Junior Olympics by reaching the podium in each of four events that he competed. He placed 6th in the 400-meter dash, 4th in the 800-meter run, 3rd in the pentathlon, and 1st in the 1500-meter race walk.

This achievement represented Darius' second straight Junior Olympics in which he reached the podium, placing 2nd in the 1500-meter race walk and 5th in the triathlon in 2022. Although his previous two visits to the Junior Olympics in 2021 and 2019 did not result in him reaching the podium they provided a motivating experience for him to work harder to qualify in subsequent years.

Darius has tremendous athletic ability, as indicated by the variety of his events, and highlights every major facet of athleticism that he possesses: speed, endurance, coordination, strength, and power. These physical attributes were enhanced by his superior motivation, strong work ethic, and remarkable coachability. Darius' growth and development in Track and Field was helped by his early participation in Soccer at age three, followed by Flag Football at age 5, and more recently Basketball. At age 6 while participating in Flag Football he displayed an unusual affinity for running, begging the coaches to run "one more lap" while the other kids were begging to stop.

Darius' athletic accomplishments are remarkable when one considers that beginning as a two-year-old he needed occupational therapy to assist with his balance and walking. He sets high standards for himself not only in sports, but also in school where he energetically seeks nothing less than high academic honors along with participation in such school activities as membership in the chess club. He even brought his newfound love for chess home where he attempted to teach his brothers and sister how to play. He possesses all the traits of good character, including dependability, kindness, consideration, and compassion, all of which are on prominent display when consoling his competitors who may not have performed well or volunteering with Happy Helpers for the Homeless. Darius is simply a super individual!



Welcome to the **Maryland Blaze Track Club**, a 501(c)3 non-profit competitive Track and Field travel program!

Our program is approved and insured by United States of America Track and Field (USATF) and The Amateur Athletic Union (AAU).

All youth athletes between the ages of 7-18 are able to try out based on their readiness to compete on an elite level.

We also have Open and Masters Track memberships available.

We are dedicated to giving each athlete the very best training to compete on the national level for Youth, Open and Masters track. We also focus on improving and maximizing the athlete's best event disciplines.

All Maryland Blaze Coaches are required to have the minimum qualifications: USATF Level One certified, Safe Sport certified, USATF background cleared, and CPR & First Aid Certified. MD Blaze also host Cross Country, Spring and Summer Track and Field meets.

If you are interested come to our upcoming tryouts or fill out our club contact form by scanning the QR code.



2022 Mel Parker Award Nominees



Lydia Cole – Hoppin Hawks – Elementary-Middle School – Jump Rope

Lydia Cole has been jumping rope from a very young age. By having four siblings older than her who all jumped rope she grew up in the sport. Lydia began competing in 2019 at the age of seven. Even from her first AAU Winter Invitational Tournament she began earning awards as she excelled in speed and power events for her age and worked to memorize choreography that her older siblings helped her with for her freestyle routine. This past year Lydia demonstrated perseverance well beyond her years. Lydia earned many ribbons and medals at our two regional events this season before heading to this year's Junior Olympic Games. At this year's competition in Greensboro, Lydia had to compete with two new groups and create new routines 2-2.5 months before the games. Her new groups required that she move to older divisions and the 10 almost 11-year-old now found herself competing in the 13-14 division for single Double Dutch and the 15-17 division for pairs Double Dutch. Lydia grew so much through this experience and winning awards with her new teammates was an added bonus. At the 2022 AAU Junior Olympics Lydia earned the overall silver medal in the 15-17 division with her Double Dutch pairs team along with medals in several component events. While her 13-14 single Double Dutch team did not earn any medals, they consistently placed in the top 10 for all events. Lydia and her younger sister were the overall silver medalists in the Single Rope Pairs Triple Crown. Additionally, Lydia earned the overall bronze medal in the Female Single Rope Triple Crown events in her age group. When Lydia is not performing with Hoppin' Hawks Jump Rope Team at various community events you can find her tumbling and flipping in gymnastics class. She also enjoys volunteering in the community. You can find her at her local library branch helping children complete their summer reading program tasks or at her church food pantry sorting donations.

Regan Smith – Hoppin Hawks – High School – Jump Rope

Since she found the sport of Jump Rope at five years of age Reagan Smith can often be found with a rope in her hand. Beginning at the age of nine Reagan began performing and competing with Hoppin' Hawks Jump Rope Team. In 2017 at her first AAU Junior Olympic Games in Detroit, Michigan she earned many ribbons and medals and was excited to be recognized upon returning home as an AAU Maryland Outstanding Athlete. Over the years Reagan has continued to grow in the sport and share her love for Jump Rope with anyone who will listen. In 2019 Reagan competed at the USA Jump Rope Nationals as well as in her second AAU Junior Olympic Games. In Greensboro Reagan worked with jumpers on our team as well as other teams at this tournament and again earned many awards. During the 2022 season Reagan competed on both the regional and national level for AAU Jump Rope. At the regional tournament Reagan was the Overall Gold Medalist in the 15-16 Female division as well as the Overall Silver Medalist in the 15-17 division for Single Double Dutch. At the 2022 AAU Junior Olympic Games Reagan earned the overall silver medal in the 15-16 Female Single Rope Triple Crown with other medals in the component events including a silver medal for freestyle. Along with her pairs partner she earned the Overall Bronze Medal in the 15-17 Single Rope Pairs Triple Crown and a silver medal in the freestyle component event where their score was only 0.1 less than the gold medal winners. Both Reagan's single and pairs Double Dutch teams placed 4th overall and earned medals in several of the component events. Outside of Jump Rope, Reagan challenges herself academically as a student at the Science and Math Academy where she is a sophomore and maintains a 4.8 GPA. She is also an active member in Key Club, Mu Alpha Theta (Math National Honor Society), Red Cross Club, and Women in STEM. Reagan excels at playing both the violin and viola and enjoys performing with her school orchestra.

Sarah Grace Cole – Hoppin Hawks – High School – Jump Rope

Sarah Cole has been jumping rope with Hoppin' Hawks Jump Rope Team for the past seven years. She advanced quickly through our program and has been performing and competing ever since. Over the years Sarah has earned many medals and ribbons and she earned her first AAU Maryland Athlete of the Year in 2019. In 2022 she was excited to again attend the AAU Junior Olympics in Greensboro, North Carolina and the event was a huge success for her. Since her last Junior Olympics, Sarah has worked hard to improve her speed and power scores and learn new freestyle skills to enhance her routines. At this year's games she earned the overall bronze medal in the Female 15-16 Single Rope Triple Crown. In the power event for this triple crown, she tied for the Gold medal. Along with her pairs partner she earned the overall Bronze medal in the 15-17 Single Rope Pairs Triple Crown. Sarah's Double Dutch pairs freestyle team earned the overall Silver medal in the Triple Crown event and this group only came to work together about 2-2.5 months before the competition. While her single Double Dutch team did not place overall they earned many top 10 awards. In the 4 Person Single Rope Freestyle Sarah's group earned the bronze medal. At regional events Sarah also experienced much success this year with many top 5 places as well as multiple gold, silver, and bronze medals. When Sarah is not jumping, she is leading others at her job at Chick-fil-a where she has worked for over a year and serves as a Senior Team Captain. Sarah is dual enrolled in both high school where she is homeschooled and the honors program at our local community college. Recently she has been awarded the Harford Community College Honors Scholarship and Harford Community College Presidential Grant-Dually Enrolled. In addition to performing with Hoppin' Hawks Jump Rope Team at community events and area schools she also performs in her church choir. In 2022 holiday season, she performed in her church's living Christmas Tree which many area families consider a holiday tradition.



2023 OUTSTANDING ATHLETES, COACHES & VOLUNTEERS

Track/Field

Athlete Awards - Female

Laila Wiseman
Grace Love
Jordyn Summers
Elena Cooper
Morgan Byford
Laila Mallory
Zara Williams
Jasmine Cook
Ta'Layia Mellerson
Bryce Hatcher
Jasmine Sharps
Sophia Edington
Jaidyn Augustine
Sadie Sentman
Layla Roundtree
Kaylee Franklin
Emma Pham
Katie Morey
Clara Aschenbach
Livy Dickerson
Caroline Thorpe
Emma Waterman
Noel Evans
Rya Cooper
Grace Hickman
Chayse Mitchell
Allyse McKenry
Marlee-Rose White

Coaches Awards - Female

Olivia Hunter
Pamela Muhammad
Laura Heilman
Tamara Curtis

Athlete Awards - Male

Malachi Robinson
Kayden Worrell
Derek Locktish
Ashton Adams
Cardell Beck
Ashton Lloyd
Luke Freishtat
Juelz Sewell
Tyson Tomlinson
Colin Hackett
Tysean Jeffery
Stevie Jeffery III
Zayden Saxton
Ozias Tulloch
Joey Taylor
Brandon Dickerson
DeAndre Thomas
Donavon Winslow
Amir Cartwright
Trevor White
Marc Batista
Solomon Fortune
Graham Wilson
Darius Dunlap-Elkins
Patricio Pardo
Cameron Homer
Maximus Turner
Terrence Dorsey

...Athletics Awards Male Cont...

Miguel Terrell
Geremiah Brown
Ryan Myrick
Cameron Calloway
George Shipley IV
Chase Elliott
Tyrale Edmonds
Danny Simmons, JR.
Arin Joshi
Owen Heilman
Justin DeVaughn
Lamont Johnson
Mekhi Smith
Basileus Oshegbo
Vance Harris III
Flynn Hawkins
Marcus Brown
Damon Ferguson, Jr

Coaches Awards - Male

Bruce Hunter
Mike Benoit "Coach Zig"
Rohan Phipps
Raynard Bennett
Kerry Williams

Volunteer Awards

Mercedes Rogers
Francesca Henderson
John Steiner
William Gerhold
Garfield Thompson
Jabari Bush

Boys Basketball

Athlete Awards

Team Thrill

Tyrek Baldwin
Austin Bernard
Jameson Costley
Langston Curtis
Davin DeJesus
Dominic Fletcher
Jayden Hardy
London Keeney
Dallas Madden
Keith Mallory III
Jacob McIver
Hamid Sesay Jr

Coach Awards

Chris Hardy
Felicia Hardy
Keith Mallory
Kristin Scheihing

Jump Rope

Athlete Awards

Jake Amster - Kangaroo Kids
Khloe Buettner - MD Bay Skippers
Lydia Cole - Hoppin' Hawks
Ruth Cole - Hoppin' Hawks
Sarah Cole - Hoppin' Hawks
Mackenzie Grubb - MD Bay Skippers
Reagan Smith - Hoppin' Hawks

Volunteer Awards

Sarah Cole - Hoppin' Hawks

Girl's Basketball

Athlete Awards

Kiara Hardy - MD Lady Hoopmasters
Eniyah Stinnette - Team Melo
Tatyana Fields - MD Mercury
Alaina Jackson - MD Belles
Lilah Kresslein - Central MD Attitude
Caroline(Beanie) Duncan - Carroll County Cougars

Coaches Awards

LaTonya Hardy - MD Lady Hoopmasters
Walter Roman - Team Melo
Vernon Harris - MD Mercury
Coach Lucky - MD Belles
Greg Kresslein - Central MD Attitude
Tommy Thomas - Carroll County Cougars

Volunteer Award

Marvin Evans - Organization Volunteer
Chris Hardy

Volleyball

Athlete Awards

Katie Bollhorst
Marianna Bright
Sofia Bolanos
Audrey Margruder
Jasmine Sires
Leah Kreisler
Lily Doughty
Corrine Brandts
Carly Strevig
Kayla Howard
McKenzie Austin
Corey Addison Bradley
Vanessa Gude
Arianna Durham
Sophia Harari
Sami Elliott

Coach Awards

Adrienne Wimmer
Megan Helinski

Volunteer Awards

Christina L. Hastings
Aleksandra T. Manolova

Swimming - CMSL

Athlete Awards

Reese Hopple - Rollingwood Seals
Cooper Tayman - Rollingwood Seals
Linus Norman - Swan Lake Stingrays
Ava Stumbo - Swan Lake Stingrays
Isha Chaudhuri - Padonia Pooh Bears
Will Laumann - Padonia Pooh Bears
Kaitlin Hurley - Freedom Dolphins
Jack O'Hara - Dulaney Dolphins
Madison Uhlig - Dulaney Dolphins
Sebastian Jurado - Piney Orchard Piranhas
Benjamin Harper - Piney Orchard Piranhas
Andre Richmond - Five Oaks Barracudas
Ava Chen - Five Oaks Barracudas
Brooks McKinley - Wynnewood Warriors
Sandy Epp - Wynnewood Warriors
Ryan Baldwin - Springdale Stars
Anabel Koch - Springdale Stars
Luke Corey - Crofton Aquatics CATS
Alex Bradford - Glen Burnie Park Dolphins
Riley Knight - Glen Burnie Park Dolphins
Aubrey Henderson - Forest Hill Frogs
Lucy Davies - Forest Hill Frogs
Taylor Emrich - Andover Tigers
Lucas Fernandez - Andover Tigers
Emelia Neff - Nottingham Marlins
Jackson Smith - Nottingham Marlins
Tyler Bowers - Waverly Woods Watercats
Emilia Li - Waverly Woods Watercats

...Swimming Cont...

Mason Menter - Taylor Village Tigerfish
Aila Abutboul - Taylor Village Tigerfish
Russell Platt - Glen Burnie Park Dolphins
Aubrey Hendrickson - Two Rivers Tornados
Chase Lewis - Two Rivers Tornados
Riley Sullivan - Crocodiles
Bryce Pedley - Crocodiles
Addison Hanifee - West Howard Wahoos
Caroline Lengel - West Howard Wahoos
Violet Bowman - Westminster Stingrays
Brendan Moran - Westminster Stingrays





2023 Special AAU Awards

2023 SPECIAL AWARDS

JOHN G. CONSIDINE – “SPORT DIRECTOR MEMBERSHIP AWARD”

- Most Registered Participants” – **Swimming**
- Largest % Increase in New Registrations” – Taekwondo

WILLIAM “BILL” STEVENS – “CLUB EXECUTIVE OF THE YEAR AWARD”

Pamela Muhammad – Track & Field
Natasha Costley – Boys’ Basketball

RALPH L. DURANT MEMORIAL AWARD

Leila Wiseman - Track & Field
Darius Dunlap-Elkins - Track & Field
Patricio Pardo - Track & Field

GOVERNOR’S AWARD

Jerry Molyneaux – Track & Field
Ronard Taylor – Track & Field
Kelvin Taylor – Track & Field
Gerald Smith – Track & Field
Quinton Matthews – Track & Field
Tracey Wilkerson – Track & Field
James A. "Mitch" Mitchell – Track & Field

VOLUNTEER OF THE YEAR AWARD

To be presented...

SPECIAL AWARDS

Master of Ceremony – Lamont Germany
Keynote Speaker – Bryan Hall

BENJAMIN F. DUBOSE, JR – OVERCOMING ADVERSITY AWARD

To be presented...

POSTHUMOUS SWIMMING AWARD

Chase Lewis

MEL PARKER AWARD

To be presented...



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- Our Banquet Facility can accomodate 20 to 90 people
- Our newly redesigned Banquet room is a perfect place for all your special occasions!
- Open 7 days a week



Congratulations Sarah, Reagan,
Lydia, and Ruthie on an
outstanding 2023 competition year.

~ The Hoppin' Hawks





MASTER GLENN AMES

2022 MARYLAND LOCAL AND AAU NATIONAL VOLUNTEER OF THE YEAR



Volunteering embodies a commitment to share one's most precious resource—time—with the aim of enhancing the lives of those in need. While the tangible impact of such efforts is undeniable, the true significance often lies in the willingness to extend time and talent to lend a helping hand and show kindness and caring.

Recognizing the profound difference made through selfless and dedicated service, the Volunteer of the Year Award was established to honor exceptional volunteers whose contributions to their sport, the district, and the broader AAU organization have left an indelible mark, often without financial compensation.

This year's recipient of the Volunteer of the Year award is an individual whose longstanding dedication to teaching, molding, and inspiring athletes has had a lasting impact. His remarkable generosity of time has extended beyond the sport, providing assistance to athletes, whether or not they require additional support, both physically and mentally. His selfless commitment reflects strength and character.

Master Glenn Ames, this years awardee, emphasizes fundamentals, hard work, adherence to rules, and personal values such as honesty, respect, perseverance, indomitable spirit, and community service. With over 20 years of instructing, refereeing, and contributing to the Rules Committee for his sport, Glenn's voluntary efforts within the AAU have been invaluable.

Since January 2000, Glenn has been actively involved in his sport, achieving milestones like AAU 6th Dan, AAU AA Referee, AAU Clinic Administrator, AAU Black Belt Dan Certifier, and membership in the A.A.U. Rules Committee. His commitment extends to special needs and inclusive education, combat instruction, and volunteering with local chapters of organizations like Special Olympics, Downs Syndrome, and Autism.



A notable achievement in Glenn's journey is the establishment of the Warrior Program in 2014, a Martial Arts program catering to athletes requiring additional assistance, both physically and mentally. Persevere Martial Arts, the nonprofit organization founded by Glenn, received its 501(c)3 status in January 2022, fulfilling a crucial role in the community.

While Glenn volunteers without seeking recognition or rewards, today we express our profound gratitude for his dedication. The MD District AAU is forever grateful for Glenn's invaluable contributions, recognizing and cherishing his unwavering commitment to making a positive impact in the lives of others.

We extend our heartfelt thanks and eagerly anticipate continued collaboration with Glenn in the future!





2022 Overcoming Adversity & Mel Parker Award Winners

2022 Benjamin F. DuBose, Jr. OVERCOMING ADVERSITY Award **PAMELA CROCKETT**



Pamela Crockett, a dedicated coach at Full Speed Athletics, Inc., recently faced a personal tragedy when her home was consumed by a devastating house fire, resulting in the loss of all her possessions. Despite the immense personal catastrophe that befell her, Pamela's unwavering commitment to coaching remained steadfast. She continued to channel her passion and determination towards nurturing her athletes, ensuring they reached their full potential.

Her dedication extended to her high school athletes, who tirelessly competed in both local and out-of-town competitions. The entire team, under her guidance, participated in a multitude of meets, not only locally but also in District, Region, and the prestigious National Junior Olympic Games held in Greensboro, North Carolina.

Throughout this challenging period, Pamela displayed remarkable resilience, demonstrating her unwavering commitment to her 75 athletes spanning various age groups. She admirably navigated the complexities of regrouping in her personal life, while simultaneously refusing to let her athletes down in their rigorous training and

pursuit of excellence. Pamela's story is a testament to the indomitable spirit of a coach who goes above and beyond, even in the face of life's most significant challenges.

2022 Melvin "Mel" Parker AAU Male ATHLETE of the YEAR Award **MASON MEEK**

Mason Meek has been a part of the sport of jump Rope since he was six years old. His love for Jump Rope is reflected by the tremendous number of hours he dedicates to it. He is a strong competitor, a great performer, and shows outstanding leadership as a teacher and coach. He has competed at regional and national levels, where he holds the AAU records in 1-minute speed and the Double Dutch Pairs Power events. As part of the Kangaroo Kids, he earned 13 medals at the 2022 AAU Junior Olympics; 6 of them were gold. He was also awarded the Joe Ferrell Memorial Award, which recognizes the AAU JO Jump Rope outstanding male performance for 2022. At the regional level, Mason, placed overall second, but was most proud of his overall first places with his 3-person and 4-person Double Dutch Teams. Being a hardworking, successful teammate is very important to Mason.

Mason also loves to perform. He has demonstrated his athleticism in hundreds of performances over the past 11 years, including community events, college basketball half-time shows, and even the Macy's Thanksgiving Day Parade. He shares his passion and gives back to the team by teaching Jump Rope classes; coaching the performing team; and being a team captain. He has taught classes ranging from Beginner to Adult. He has also traveled to other teams to volunteer to teach others about Jump Rope and volunteered his time in Baltimore and in Howard County Title 1 schools teaching Jump Rope after school. In order to spread the passion for Jump Rope, Mason also applied and was selected to be of the AMJRF Jump Rope Ambassadors.



In addition to Jump Rope, Mason is a member of the National Honor Society, maintaining a high GPA and performing service hours quarterly. In the summers, he also enjoys competing on the Watermont Bullfrogs swim team and volunteering as a Junior Coach. This year, he placed in the top 15 in the 100-meter Freestyle at the Straehle Invitational Championship hosted by CMSL, which boasts 50 teams and over 3000 swimmers.

Mason has shown great leadership and creativity in the sport of Jump Rope, which has helped him grow into a well-rounded young man with a high value on sportsmanship.

2022 Overcoming Adversity & Mel Parker Award Winners



2022 Melvin “Mel” Parker AAU Female ATHLETE of the YEAR Award ILSA GLEESON



Isla Gleeson is a current member of the United States National Jump Rope National Team and a Team Captain for the Kangaroo Kids Travel and Competition teams. She has dedicated numerous hours to the sport of Jump Rope as a coach; assigned mentor to new jumpers on the Competition Team; selected choreographer for team; and workshop staff member. Isla has competed across the United States as well as internationally in Norway and been nationally and internally recognized in the sport of Jump Rope. Some of the awards Isla have earned are listed, however, the one she is most proud of is the 1st Place award for 15-16 Female Individual Overall at the 2022 AAU Junior Olympic Games.

Outside of Jump Rope, Isla is involved in numerous school activities, non-academic extracurriculars, and community organizations. One of her examples of community involvement is her work as Chief Marketing Officer for the Health Care Workers vs Hunger organization. Through this position, she helped to raise over \$427,000 for food banks in under a week in December 2021 and is planning to continue this position indefinitely.

Isla also won the Presidential Volunteer Service award through the Points of Light organization for completing over 100 hours of volunteer service as Chief Marketing Officer. Other community involvement includes packing meals and sewing pillowcases at the local church; volunteering at an assisted-living center; and helping out with clean-up and organizing at the Kangaroo Kids when she was injured.

Within school, Isla was elected Class of 2023 student Government Association (SGA) Secretary in 11th grade and spent many hours planning events; speaking to members of her class for their input on new ideas and collaborating with fellow SGA members and adult supervisors. In addition to SGA, Isla is the Vice President of CRITICAL (Community Resources Inspiring Teaching Informing Campaigning Altering Leadership) Club, a social justice and activism club. This club focuses on environmental activism and advocating for equality of genders, races, sexualities, and other minority groups. Another example of Isla's community involvement is as Junior Coach for Kangaroo Kids through Howard County Recreation and Parks. Isla works with children ages 6-16 with varying skill levels in the sport of Jump Rope and tech them new skills while fostering a culture of good sportsmanship and hard work.

2022 Melvin “Mel” Parker AAU Female ATHLETE of the YEAR Award SYDNEY HARRIS

Sydney Harris is an extraordinary student-athlete that has worked hard to get the most out of her talents on and off the track. In 2022, Sydney won the 200-m-Hurdles at the AAU Maryland District Qualifier and ran a personal best of 14. To win the 100m Hurdles at the AAU Region 3 Championships. Sydney also won the 14 Girls Pentathlon at the AAU Regionals with a combined score of 2837 points. Sydney proceeded to win the 14 Girls Pentathlon at the AAU Junior Olympics, in Greensboro, NC, with a combined score of 3341 points. Sydney followed up that performance by placing 2nd overall in the 14 Girls' 100m Hurdles with a time of 14.43. Sydney also competed in the 200m Dash and the 4x100m Relay at the Junior Olympics.

Sydney is also an outstanding student that learned to speak Hebrew when she was in elementary school and now attends the IG Academy in Bradenton, FL. Sydney is an honor student finishing the 2022 school year with a 3.6 GPA and is currently taking honor classes as a 9th grader. Sydney is part of the National Honors Society; The Black Student Union; Media Marking Club; Cooking Club; and created a Welcome Committee for all new students at The IMG Academy.



Sydney is a very outgoing young lady that strives to be the best at everything that she does on and off the track.



We Remember: **BEVERLY ANN VINCENT**

In fond remembrance and deep reverence, we celebrate the cherished life of our esteemed colleague, teammate, and AAU champion, **BEVERLY ANN VINCENT**, who passed away on June 9, 2023.

Beverley joined the Amateur Athletic Union (AAU) in 2007, becoming a resolute and committed member in the Maryland District. Throughout her tenure, she wholeheartedly served, supported, and advanced our District and the National AAU organization in various impactful roles.

In the Maryland District AAU, Beverley held numerous significant positions, including Executive Officer and Registrar, Boys Basketball Commissioner, Boys Basketball Assistant Commissioner, Finance Committee Member, District Election Chairperson, and Tournament Assistant for 7U & 8U Boys Basketball World Championship. She also contributed as the Swimming and Diving Sport Director Assistant and played a pivotal role on the Banquet Committee.

Her dedication extended to the National AAU, where she served as the Girls Basketball Commissioner and a member of the National Registration Committee. Beverley's commitment to her roles was evident in her training as a Boys Basketball Tournament Assistant Commissioner under Maryland AAU District Governor Ben DuBose and Boys Basketball Sport Director McCarroll Nole.

Beverley actively participated in National Conventions and Leadership Conferences, infusing every trip with her unique brand of fun, always being the life of the party. Her exemplary service earned her recognition, including the 2012 President's National Leadership Award, Maryland District AAU Volunteer of the Year Award, and the Maryland District AAU Governor's Award. The last award she received was named after her God-Brother, Benjamin F. DuBose, Jr., and is known as the Benjamin F. DuBose, Jr. – Overcoming Adversity Award.

In 2019, despite health challenges, Beverley's dedication to the Maryland District AAU remained unwavering. Even during hospitalization, she continued to serve, attending virtual meetings and volunteering for events when her health allowed. Beverley cherished her family, particularly her son, Roderick (Roddy), and her community at the Historic Saint Paul



Community Baptist Church in Baltimore, where she served as the Executive Administrator.

Beverley's absence leaves a void in our AAU family, but we will forever remember her warm smile, kindness, generosity, and unwavering commitment to helping others. May she rest in peace, comforted by the knowledge that she lived a purposeful life. We find solace in the belief that her heavenly Father has welcomed her home with open arms, and she receives the reward she truly deserves.



We Also Remember:



ANDREW V. SMITH

Andrew, fondly referred to as Coach Andrew, Andy, and Pops, dedicated over four decades of his life to serving as a coach, board member, and inspiring leader within the Northwood "Rams" Football organization.

His coaching journey with the Northwood Rams commenced in 1974, where he passionately mentored and guided thousands of young men. Over the years, Andrew's unwavering commitment led the team to 16 state championships, and he took immense pride in witnessing his "sons" graduate from both high school and college. Some of his players even went on to achieve professional success in athletics. Despite facing health challenges, Andrew continued to contribute to the Northwood Football League until 2019.

In 1983, Andrew played a pivotal role as one of the founding members of the "Poet Followers," a club dedicated to supporting athletics in Baltimore City. He took great pride in the accomplishments of the Poet Followers and their ongoing contributions.

For nearly two decades, Coach Andrew was an integral part of the Maryland Amateur Athletic Union (AAU). Serving as a boys' basketball commissioner and gym attendant, he, along with Geraldine, catered numerous banquets and athletic events for both AAU and the Northwood Rams.

Andrew's dedication to youth athletics garnered him numerous distinguished accolades. Among his proudest achievements were receiving the Baltimore Touchdown Club's "Super 22" Service to Youth Award in 2001 and being honored for his dedicated service to the Northwood Football League in 2016. His impact on the lives of young athletes and the broader community is a testament to a legacy built on passion, commitment, and genuine care.



CHASE LEWIS

Chase was born on May 15, 2007, in Annapolis Maryland. At an early age, people recognized Chase's intelligence and curiosity. He learned the names and details of over 100 dinosaurs when he was 2, taught himself to read at age 3, started studying Arabic at age 10, and in his teen years became fascinated with other countries and cultures. He could talk for hours about an obscure country you have never heard of, identify any country's flag within seconds, and prepare unique dishes from around the world. He hoped to be a Diplomat and travel the world someday. He won't have that chance, but his family hopes to take a memorial trip in his honor.

Chase was well-known in the community. He was often seen riding his bike to one of his adventures (which always involved getting food), and he loved to discover new hiking trails. He was a lifeguard at the community pool (where he sampled every food truck), and he was one of the founding members of the Two Rivers Swim Team.

This past summer, Chase became a Junior Coach and was able to share his knowledge of swimming with the younger swimmers in the community. He loved this opportunity and cherished the time he spent at the pool.





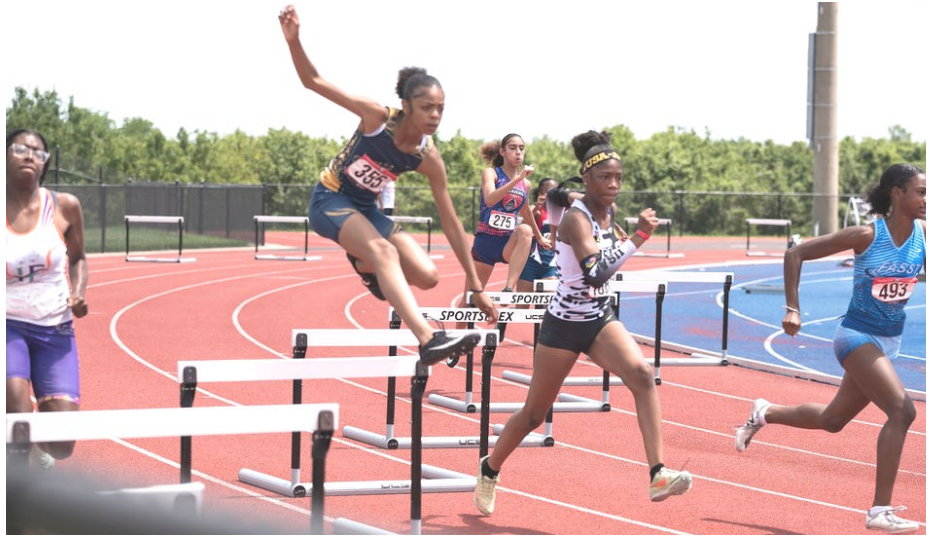
ATHLETICS

Cross Country / Track & Field

Athletes from the Maryland AAU District delivered exceptional performances at this year's Junior Olympic Games in Des Moines, Ohio, hosted at Drake University. With 60 individuals and 18 relay teams achieving podium success and earning All-American status, they secured impressive placements ranging from 1st to 8th. Noteworthy achievements include Darius Dunlap-Elkins' four-time podium presence as a National Champion, Patricio Pardo's three-time National Champion and new National Record holder, and repeated podium appearances by Leila Wiseman, Laila Mallory, and National Champion Grace Love.

Other outstanding athletes, including Ella Lustig, Ashton Admas, Miguel Terell, Katie Morey, Emma Pham, Ciara Aschenbach, Morgan Byford, Arin Joshi, Kayden Worrell, Cardell Beck, Derek Lockfish, Malachi Robinson, and Cameron Homer, contributed to the district's remarkable representation.





Congratulations!

*Jeremiah,
We are extremely proud
of all your
accomplishments! We
pray you continue to put
God first, work your
hardest and stay focus.
We love you!*



CONGRATULATIONS to all the honored athletes!

Your exceptional representation of Maryland AAU Region 3 showcased skill and determination amidst formidable competitors. Your coaches and I take great pride in each of you. The phenomenal achievements, including numerous personal bests and the establishment of new records, are a testament to your dedication.

A heartfelt THANK YOU to our coaches and volunteers!

Your unwavering commitment and relentless pursuit of excellence do not go unnoticed. With gratitude and sincere appreciation, I applaud your magnificent efforts. Congratulations on the hard work and achievements while proudly representing the Maryland AAU District!

Much Love, *Mary K. Haynes*, Sport Director - Athletics

CONGRATS

SOUTHERN SPRINTERS'

GOLD, SILVER, AND BRONZE MEDALISTS

SOUTHERN SPRINTERS
ALL-AMERICAN



LEILA WISEMAN
100M - 1ST PLACE - 12.59 SEC
200M - 1ST PLACE - 25.84 SEC
400M - 8TH PLACE - 1:01.62

AAU JUNIOR OLYMPICS, DES MOINES, IOWA 8/4/2023

SOUTHERN SPRINTERS
ALL-AMERICAN



CAMERON HOMER
100M - 3RD PLACE - 11.11
400M - 2ND PLACE - 48.61
4X400 - 3RD PLACE - 3:30.13

AAU JUNIOR OLYMPICS, DES MOINES, IOWA 8/5/2023

SOUTHERN SPRINTERS
ALL-AMERICAN



ZAYDEN SAXTON
400M - 4TH PLACE - 56.3
4X400 - 3RD PLACE - 3:55.53

AAU JUNIOR OLYMPICS, DES MOINES, IOWA 8/5/2023

SOUTHERN SPRINTERS
ALL-AMERICAN



TERRENCE DORSEY
400M - 3RD PLACE - 52.6 SEC
4X400 - 3RD PLACE - 3:30.13

AAU JUNIOR OLYMPICS, DES MOINES, IOWA 8/5/2023

SOUTHERN SPRINTERS
ALL-AMERICAN



OZIAS TULLOCH
200M - 6TH PLACE - 26.06
4X400 - 3RD PLACE - 3:30.13

AAU JUNIOR OLYMPICS, DES MOINES, IOWA 8/5/2023

SOUTHERN SPRINTERS
ALL-AMERICAN



TYRALE EDMONDS
400M - 5TH PLACE - 58.75
4X400 - 3RD PLACE - 3:55.53

AAU JUNIOR OLYMPICS, DES MOINES, IOWA 8/5/2023

SOUTHERN SPRINTERS
ALL-AMERICANS



**CHASE ELLIOTT,
STEVIE JEFFERY III,
TYRALE EDMONDS,
ZAYDEN SAXTON**
**11-12 BOYS
4X400
RELAY**
**3RD PLACE
3:55.53**

AAU JUNIOR OLYMPICS, DES MOINES, IOWA 8/5/2023

SOUTHERN SPRINTERS
ALL-AMERICANS



**CAMERON HOMER,
DANNY SIMMONS JR.,
OZIAS TULLOCH,
TERRENCE DORSEY**
**13-14 BOYS
4X400
RELAY**
**3RD PLACE
3:30.13**

AAU JUNIOR OLYMPICS, DES MOINES, IOWA 8/5/2023

SOUTHERN SPRINTERS
ALL-AMERICANS



**CAMRON CALLOWAY,
COLIN HACKETT,
GEORGE SHIPLEY,
TYSEAN JEFFERY**
**9-10 BOYS
4X400
RELAY**
**3RD PLACE
4:31.60**

AAU JUNIOR OLYMPICS, DES MOINES, IOWA 8/5/2023



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BOYS BASKETBALL

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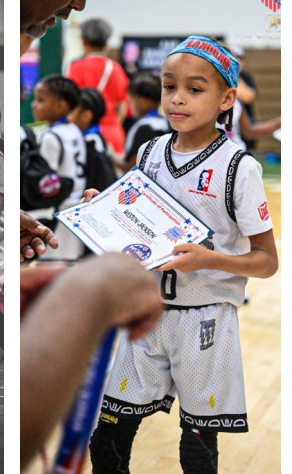
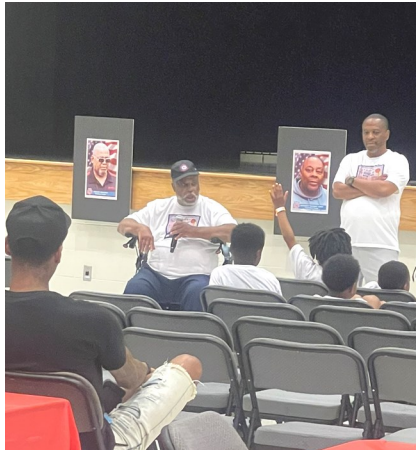
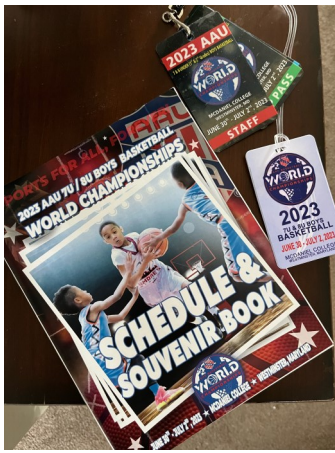




Team Thrill 2032 played a highly competitive travel schedule during the 22-23 season. The young men traveled the east coast playing fierce talent from all over the country. They kicked off their season winning Junior Phenom's MLK Kick-Off tournaments in North Carolina. They continued competing and winning various Game Time Elite and Premier 1/AGame tournaments.

This team used their skills and strong work ethic to win the MD State Division-1 Tournament for the 8U division, earning a high seed for the National AAU tournament.

At their final tournament of the season, these young athletes earned third place, bringing the bronze trophy home. The Team Thrill 2032 boys are dedicated and determined to work harder than ever to bring home the gold at the 2024 AAU National Championship!





GIRLS BASKETBALL

Taking It To The Net!

In 2023, the Maryland District AAU joyfully welcomed Thomas **"TC" Caviness** as the new Sport Director for Girls Basketball.

Founder of the Maryland Hoopmasters in 2001, Caviness envisioned bringing AAU National Travel Basketball to Carroll County MD. His leadership has propelled over 185 players to collegiate basketball, spanning Jr/Community College to Division 1. Many others transitioned to higher education, military service, or the workforce, becoming vital contributors to society.

Expressing his enthusiasm, Caviness stated, "I'm excited to assume a key leadership position within the AAU organization, and my inaugural season has been fantastic!"



This year, instead of the District recognizing one single team, they chose to honor seven players from seven different AAU Clubs with the "Coaches Choice Award." These awardees epitomize the qualities every coach seeks in their team, marking a celebration of talent and commitment.



empowered by
new balance



STRONGER FASTER BETTER

where players
become prospects

The MD Lady Hoopmasters are part of the **Girls PREP HOOPS CIRCUIT** for the 2024 AAU season
Don't miss this opportunity for a chance at serious competition and great exposure
Join us and be a part of something special!



Do you have what it takes to take your game to the next level?

Our 2024 season is open for registration.
<https://www.marylandhoopmasters.com/>



WE ARE MORE THAN BASKETBALL



OUR 2023 SCHOLARSHIP AWARDEES





AAU IS NOW

SIGNUP FOR YOUR 2024 AAU membership TODAY



2024 COACHES CHOICE AWARDEES—These players exemplify what every coach needs for his/her team. Save the date, the Girls Maryland State District Tournament will be held April 26th thru April 28th. Location McDaniel College in Westminster MD. 4 game guarantee.

For details or any questions call 240-388-7173 or Email - info@mdaugirlsbasketball.org



2024 COACHES CHOICE AWARDEES—
These players exemplifies what every
coach needs for his/her team.





JUMP ROPE

2023 Jump Rope Highlights

This year was another successful year for Maryland AAU Jump Rope! The Hoppin' Hawks Jump Rope Team hosted an invitational in Churchville in March and the Kangaroo Kids Jump Rope Team hosted a regional tournament in Ellicott City in May. Both tournaments had a wonderful turnout and qualified jumpers for the AAU Junior Olympics. Our Maryland jumpers represented well at the games in Iowa. Many came home with medals or other top 10 awards and the Male Joel Farrell Award was given to a Maryland athlete. Maryland parents and coaches were recognized with awards as well by earning the Steve Diamond Technical Award, the John Swan Volunteer Award, and the Jean Hodges Distinguished Service Awards.

In addition to competing in speed, power, and freestyle events the jumpers enjoyed watching other AAU sports at the venue. Jumpers made new friends on other jump rope teams from Virginia, Florida, Texas, North Carolina, Massachusetts, and Hong Kong China. Maryland jumpers enjoyed performing at the Celebration of Athletes at Drake University to demonstrate what is possible in jump rope. We look forward to 2024 and what is possible for Maryland AAU Jump Rope!







SWIMMING

Building champions one stroke at a time!

The AAU and the Central Maryland Swimming League (CMSL) work together to offer amateur sports programs through a volunteer base for all participants to have the physical, mental, and moral development of amateur athletes and to promote good sportsmanship and good citizenship.

CMSL leadership is entirely staffed by parent volunteers, from the board of directors to the team representatives.

The league is comprised of 48 teams separated into nine divisions across four counties and Baltimore City.

In partnership with AAU, CMSL works to provide competitive summer swimming programs for children of member pools to help advance aquatic skills, promote teamwork and principles of good sportsmanship, and develop a love of the sport.

The league is separated into 8 divisions to accommodate a more competitive grouping of teams which is based on the performance of a team during the previous season and may change from year to year.

Each athlete, coach and team representative is an AAU member.

CMSL provides swimmers with several levels of competition to assist in their development as athletes and well-rounded individuals.

The official season consists of five dual or tri meets, a league-wide invitational meet called the Straehle championship meet, and divisional championship meets at the end of the season. All dual and tri meets are held at member pools, usually on Saturday mornings in June and July.

Many teams also organize additional inter-divisional and novice meets throughout the season to provide more opportunities for competition and fun.

All CMSL meets have the same event structure which is separated by age and gender.

The Central Maryland Swim League works to assure that both swimmers and parents alike have a positive athletic experience as well as a positive social interaction across all athletes and volunteers. With over 5,000 members, CMSL is the largest swimming organization within AAU!





VOLLEYBALL

Ball 'Til You Fall!

"This has been an amazing year for AAU Volleyball in Maryland. We have seen outstanding new and returning athletes come through the doors of numerous gyms, where they are welcomed by dedicated and compassionate coaches. AAU Maryland's Volleyball memberships have climbed from 2,933 athletes to 3,626. This is an increase of 693 athletes. We take great pride in the growth of volleyball, and we owe this success to our exceptional athletes, coaches, and volunteers!"

- Isabella Castrogiovanni







AAU CARES!

AAU Volunteer Makes "A Christmas Wish" Come True For Many!

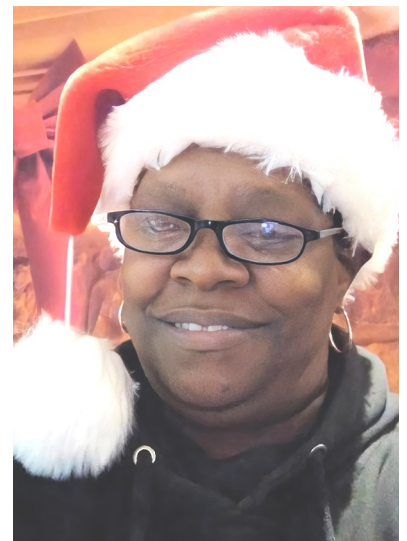
On December 24th, Baltimore's Cecil Kirk Recreation Center hosted its 31st Annual "A Christmas Wish" Program, led by AAU Sport Director Joyce Venable, also Baltimore City's Department of Recreation and Parks Recreation Leader (pictured right).

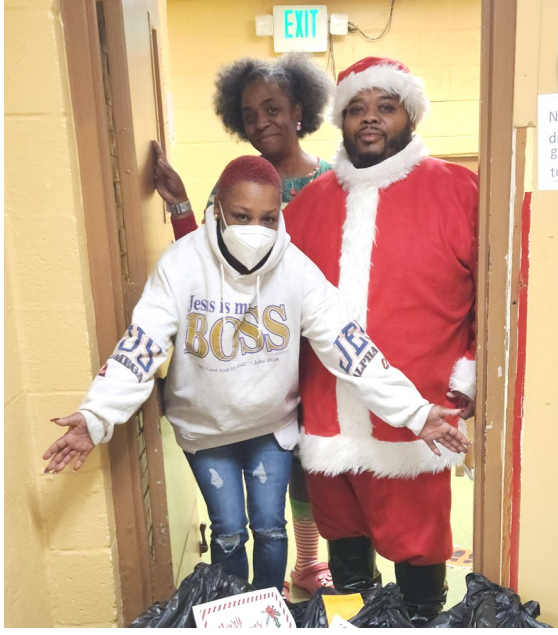
This year, "A Christmas Wish" distributed 250 gifts, including 100 bicycles, and served 300 meals. "Dedication and Determination are the keys to our success," said Joyce. "I'm dedicated to making a child's holiday bright and determined to make it happen for every child on my list. Thank you so much to my AAU family for all your love and support!"

Gifts and donations poured in from friends, staff, community members, and local organizations, including the MD District AAU.

"As always," says Ben DuBose, MD AAU Governor, "the Maryland District AAU is excited to assist Joyce with her vital program. Her commitment and dedication to kids and community inspire us. We contribute gifts, money, and time."

MD District AAU donated bikes, toys, canned goods, and refreshments. AAU volunteers assembled bikes and toys, wrapped presents, served food, and distributed gifts.





A SPECIAL THANK YOU!

to the 2023 Awards Banquet Committee
Maryland AAU Officers,
Executive Committee,
MD AAU Sports Directors,
Administrative Staff,
Master of Ceremonies,
Guest Speakers, Coaches, Parents
Volunteers and above all, our
MD AAU Athlete Awardees!

Ben & Antoinette DuBose,

Governor, and First Lieutenant Governor,
Maryland District AAU



The Maryland District AAU wishes
to thank the Administrators and
Staff at Morgan State University
for your continued support!



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**Shooting Clinic: Dec. 2, 16, 2023. Open to boys and girls
(Featuring Bill Pace)**

**3pm-5pm (Middle School)
5pm-7pm (High School)**

**Caviness Classic 2024 Boys and Girls Tournament
(McDaniel College)**

**April 26-28, 2024
5th -12th Grade**

Hoopmasters College Showcase 2024

**Boys and Girls 8th-12th grade
Sept 8, 2024**





EMPOWERED BY  **new balance**

Coach Bill has over 30 years of coaching experience between AAU and High School basketball. He started out playing for a junior college in Bartlesville, Oklahoma. He has coached at Friends School and Park School in Baltimore, Maryland. He has had great success with his students moving on to have great basketball careers, one is coaching division one college basketball and another works for the Portland Trailblazers. Currently, Coach Bill is a trainer for multiple high schools and AAU programs in the Maryland area. Sign up now limited space for the Shooting Clinic. Dec. 2nd 16th.



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CONGRATULATIONS 2023 MARYLAND AAU!

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